

**Project Objective:** To improve the nutritional and health status of anganwadi children, on supplementation of nutritious ladoo for 6 months.

## Project Information

Funded by <b>BKL Walawalkar Hospital, Partially by HSOC (2016 onwards)</b>	Start Date <b>Year 2000</b>
Project Cost <b>25 lac (HSOC) Rest by BKLW</b>	Project status <b>Ongoing</b>

## Project Output

Publications <b>1</b>	Equipment sanctioned <b>Yes</b>
Enrolled Subject <b>21240</b>	Manpower <b>03</b>

## Details

**Principal Investigator:** Dr Suvarna N Patil,

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## Project Summary

Malnutrition in Konkan is a social disease, which can easily be treated with proper nutrition. Konkan is geographically located in mountainous terrain with poor soil quality, and has extreme hot & humid weather. This has led to extensive nutrition amongst the population. To build a strong, positive & capable society, it was necessary to break this vicious cycle of malnutrition. And with this objective, the hospital decided to increase awareness of nutrition and developed a 'Ladoo' (a nutritious delicacy prepared from nuts, honey, dry dates, saffron, milk powder, jaggery, local whole grains and some natural herbs such as 'Ashwagandha', 'Shatavari', 'pimpli', 'sunth', 'ahliv' etc.). They contain 5% Iron, 84% Calcium, 68% Carbohydrates & 10% Proteins and other vitamins. Ladoos are distributed every week to anganwadi children for free in all villages. Each child receives 2-3 ladoos for each day for a period of one year. Regular consumption of these ladoos has shown remarkable improvements in weight and Haemoglobin content in the blood of the children.