

B. K. L. Walawalkar Rural Medical College

1.3.2 (QnM) Number of value-added courses imparting transferable and life skills offered during the last five years

Index for Notice of Value added course

Sr.N o.	Name of the value-added courses (with 15 or more contact hours) offered during the last five years	Date	Academic Year of offering	Number of students who successfully completed the course in the specified year	Page No
:10	Certificate course in yoga & wellness	21-22/06/2022		150	2-3
2	Intensive Seminar On Disease Of The Breast	8-10/3/22		14	4-6
3	Skill training for general practitioners	4-6/2/22		18	
4	Certificate course in yoga & wellness	1-2/12/21	É	79	10
5	Certificate course in Quantitative Methods in health research	1-2/12/21	É	33	11-13
6	Certificate course in Environmental health and hygiene	29-30/11/21	2021-22	100	14-16
7	Certificate course in biomedical Waste management	08-09/10/21		100	17-19
8	Certificate course in soft skill development	25-26/09/21		100	20-21
9	Certificate course in Language & Communication Skill development	21-22/08/21	į	100	22-24
10	Certificate course in skill training (Dr. Santpur)	13-14/08/21		31	25
	No value added courses conducted due to Covid 19 pandemic		2020-21		
11	Certificate course in yoga & wellness	8-15/12/2019	2019-20	100	26-27
12	Certificate course in yoga & wellness	9 & 16/09/2018		100	28-29
13	Certificate course in Biomedical Waste Management	19&26/08/2018	2018-19	100	30

Shri Vithalrao Joshi Charities Trust's

B. K. L. WALAWALKAR RURAL MEDICAL COLLEGE



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Fax: +91 02355 264693 Email: info@bklwmc.com Website: www.walawa/karmedicalcollege.com

www.bk/wrmc.com

BKLWRMC/NAAC/ OLS /2022

Date: 14-06-2022

"INTERNATIONAL YOGA DAY"

This is to inform all the students and faculties that on occasion of "International Yoga Day" on 21st June 2022 will be celebrated in our medical college.

On this occasion a 2-days certificate course on Yoga and Wellness will be arranged for the 1st MBBS students.

"Reels Competition"

There will also be a Reels/Short Videos Competition arranged on 22nd June 2022.

The registration for the competition should be submitted to Dr. Amar Barawade before 19th June 2022.

Dr. Vijay Dombale

B.K.L./WelleWarker Rural Medical College, Sawarde

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Pathology for Aschunin Phome

International Workshop On Disease Of The Breast at

B.K.L. Walawalkar Hospital,



Diagnostic & Research Center





Dr. Amar Deshpande
F.R.C.S (England)



Dr. Sanjiv Patankar M.S, F.R.C.S (Edinburgh)

8th and 9th Of March 2022 Intensive Seminar On Disease Of The Breast

10th Of March 2022 Communication Skills And Professionalism

Description

Dr. Amar Deshpande is a Clinical Senior Lecturer at the University Of Edinburgh. He is an Oncoplastic Breast Surgery Specialist in England.

Under His Guidance an Intensive Two Day's Workshop Will Be Conducted. Various Topics Of Great Clinical Importance in The Management Of Breast Cancer and Other Disease Of The Breast Will Be Discussed In Details.

On The Last Day Dr. Deshpande and Dr. Patankar, Visiting Professor Of Surgery Will Give Lecture On Communication Skills And Professionalism .

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The Workshop Schedule

8th March 2022 (Day - 1)

09:00 am to 10:00 am Venue: Surgical Skill Lab

Inauguration And Lamp Lighting Ceremony

10:00 am to 11:00 am Venue: Surgical Skill Lab

Lecture Presentation By Dr. Amar Deshpande

Topic: Early Stage Breast Cancer With Focus On Approach Towards Oncoplastic

And Reconstructive Surgery

11:00 am to 11:30 am Venue: Surgical Skill Lab

Question & Answer Session

12:00 pm to 1:00 pm

Lunch

01:00 pm to 5:00 pm Venue: Operation Theater (OT)

Demonstration Of Breast Reconstruction Surgery by Dr. Amar Deshpande

9th March 2022 (Day - 2)

09:00 am to 10:30 am Venue: Surgical Skill Lab

Lecture Presentation By Dr. Amar Deshpande Locally Advanced Breast Cancer Evaluation & Management

10:30 am to 11:00 am

Tea / Coffee Break

11:00 am Venue: Operation Theater (OT)

Demonstration Of Breast Surgery Techniques By Dr. Amar Deshpande

04:00 pm to 5:00 pm Venue: Surgery OPD Demo Room

Case Presentation By PG Student Surgery



10th March 2022 (Day - 3)

09:00 am to 12:00 pm Venue: Operation Theater (OT)

Demonstration Of Breast Reconstruction Surgery By Dr. Amar Deshpande

12:00 pm to 01:00 pm

Lunch

01:00 pm to 04:15 pm Venue: Surgical Skill Lab

Professionalism & Communication Skills in Surgery

01:00 pm to 01:30pm - Interview of Dr. Abhay Desai by Dr. Patankar

01:30 pm to 02:30pm - Communication Skills By Dr. Amar Deshpande

02:30 pm to 03:00pm - Tea / Coffee Break

03:00 pm to 04:00pm - Professionalism By Dr. Patankar

04:00 pm to 04:10pm - Conclusion & Thanks



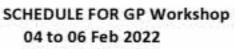


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Venue: Skill Lab

PROGRAMME ITINERARY: Day 1 4th Feb 2022			
Time		Faculty	
08.00 AM - 8.45 AM	Tea & Breakfast		
8.45 AM - 9.00 AM	Registration		
9.00 AM - 9.15 AM	Inaugural Function		
9.15 AM - 9.45 AM	Brief Introduction of Institute	Dr. Suvarna Patil, MD	
9.45 AM - 10.45 AM	How to Read ECG and Cardiac Emergencies In General Practice	Dr. Pranav Shamraj	
10.45 AM - 11.00 AM	Tea Break		
11.00 AM – 12.00 noon	Role of GP in cardiothoracic Surgeries	Dr. Amol Dharmadhikari	
12.00 PM – 1.00 PM	Emergency Airway Management	Dr. Asmita Karnalkar	
1.00 PM - 2.00 PM	Lunch		
2.00 PM - 5.00 PM	BLS Course	Dr. Akkalkotkar, Dr. Asmita Karnalkar, Dr. Pranav Shamraj	
5.00 PM - 5.15 PM	Question & Answers		
5.30 PM - 7.00 PM	Visit to Sports Complex		



PROGRAMME ITINERARY: Day 2 05 th Feb 2022			
Time		Faculty	
07.00 AM - 08.00 AM	Breakfast		
8.00 AM - 08.20 AM	MJPJAY	Dr. Prachi	
8.20 AM - 08.45 AM	Kurkure Scheme	Dr. Modak	
8.45 AM - 09.45AM	Chest X Ray Interpritation	Dr. Pradeep Kulkarni	
09.45 AM - 10.45 AM	When to use CT and When to do MRI	Dr. Netaji Patil	
10.45 AM - 11.00 AM	Tea Break		
11.00 AM -12.00PM	Sterilization Techniques for operation theater and for equipment's	Dr. Prasanna Nakate	
12.00PM - 01.00PM	Common Gastrointestinal diseases in General Practice	Dr. Anand Joshi	
1.00 PM - 2.00 PM	PM - 2.00 PM Lunch Break		
2.00PM - 5.00PM	Basic Skill Course	Dr. Patankar Dr. Bharati Sharma ,	
5.00 PM - 6.30 PM	Hospital Visit		



PROGRAMME ITINERARY: Day 3 6th Feb 2022			
Time			
07.00 AM - 8.00 AM	Breakfast		
8.00 AM - 8.30 AM	Tissue Culture Lab	Dr. Sunil Nadkarni	
8.30 AM – 09.45 AM	How to Diagnose Backache, Gore Sign & Outline of Transformational Endoscopic Discectomy	Dr. Satish Gore	
09.45 AM - 10.30AM	Assessment of Trauma	Dr. S. Patankar	
10.30 AM - 11.00 AM	Basic Approach to Opthal Cases in OPD	Dr. Vaishnavi Patil	
11.00 AM - 11.15 AM	Tea Break		
11.15 AM - 12.00 AM	Common Dermatological Cases in General Practice	Dr. Bobade	
12.00 AM - 1.00 PM	Management of Hypertension & Diabetes	Dr. Suvarna Patil/ Dr. Sagar Nanaware	
1.00 PM- 2.00 PM	Lunch		
2.00 PM - 3.00 PM	Women Health Care "Womb to Tomb"	Dr. Unmesh Santpur	
3.00 PM - 4.15 PM	First aid and Splints application for fractures	Dr. Bharati Sharma	
4.15 PM - 4.30 PM	Tea Break		
4.30 PM - 5.10 PM	Pediatric Emergencies	Dr. Vinod Choudhari	
5.10 PM - 5.45 PM	ENT Emergencies	Dr. Digvijay	
6.00 PM - 7.00PM	Visit to Shivshrushthi		



All the 1st MBBS students are hereby informed that "Certificate course in Yoga and Wellness" is organized on 1st and 2^{ed} Dec 2021. All are instructed to attend the program. Course is based on Common Yoga protocol of AYUSH prepared by committee of Yoga experts.

The details of schedule is as follows

Day 1: 1st Dec 2021

Time	Session	Objective	
9 - 9.30 am	Inauguration	Ice breaking & Pretest	Dr. Amar Barawade
9.30- 11.00 am	Introduction	- What is yoga - Brief history and development of yoga - Fundamentals of yoga - Traditional schools of yoga	Dr. Choity Maitra
11 - 11.15 am	Tea break	7-8-	
11.15 - 11.30 am	Sukshma vyayam	-General guidelines - Invocation/prayer - Loosening exercises	Dr. Amar Barawade
11.30 – 12.30 pm	Demonstration of asanas	Hands on training -Yogasana's in standing, sitting, position, supine	Dr. Amar Barawade Dr. Anup Nilawar
12.30 – 1.30 pm	Demonstrations of pranayama	Pranav, Bhramari pranayama, Anulom vilom prakriya etc.	Dr. Anup Nilawar
1.30 - 2,30 pm	Lunch Break	The state of the s	Dr. Anup Milawar
2.30 – 3.30 pm	Benefits of yoga	Physical, mental and physiological benefits of yoga	Dr. Amar Barawade
3.30 – 4,30 pm	Way ahead	Food for thought Role of yoga in therapeutics	Dr. Amar Barawade
4.30 – 5 pm		Group discussion, brain storming	Dr. Amar Barawade

Day 2: 2" dec 2021

Time	Session	Objective
9 – 10.30 am	Introduction to wellness	Sedentary lifestyle- a curse to humanity Importance of wellness habits
10.30-10.45 am	Tea break	wiportance of welliness liabils
10.45 – 12 am	Dimensions of wellness	- Music therapy - Laughter therapy - Meditation
12- 1 pm	Physical fitness (cardio fitness)	- Warm up - Importance of walking, running, - cool down - cool down
1 - 2 pm	Lunch break	
2 - 3 pm	Lifestyle modification	Importance of diet & healthy lifestyle
3 - 4,30 pm	Basic skills	Postures Ergonomics
4.30 – 5 pm	Open house	Post test, Feedback valedictory

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Attendees II Yr MBBS

DURATION

1ST DEC 2021 TO 2ND DEC 2021



Dr Rambadan Chauhan Organising Secretary



Dr Arvind Yadav IQAC Co-ordinator





Dr Vijay Dombale Principal



Dr Suvarna Patil Medical Director

Email ID: iqac@bklwrmc.com

Certificate Course in

Quantitative Methods in Research

Time	Session	Objectives
	Day 1: 1st Dece	ember 2021
9.00-10.00	Inauguration	Ice breaking Pre-test
10.00-11.00	Epidemic versus Epidemiology (Dr. RP Chauhan, Dr NK Sharma, Dr RP Kamate)	 Definition, classification & uses of Epidemics Definition, classification & uses of Epidemiology
11.00 - 12.00	Measurements in Epidemiology (Dr. RP Chauhan, Dr NK Sharma, Dr RP Kamate)	Rates, Ratio, Proportions. Mortality, morbidity, disability, fertility, demography etc
12.0-1.00	Descriptive Epidemiology (Dr. RP Chauhan, Dr NK Sharma, Dr RP Kamate)	Definition, steps , examples & uses of descriptive epidemiology
1.00-2.00		Lunch
2.00-5.00	Basic & Inferential statistics (Dr. RP Chauhan, Mr Vinayak Gaikwad)	Measurements of central tendency, measurements of dispersion, Student's t test, Chi square test etc
5.00-6.00	Causation & Association (Dr RP Chauhan, Dr NK Sharma, Dr RP Kamate)	Spurious, indirect, direct, Hill's criteria

Day 2: 2nd December 2021

9.00-10.00	Analytical Epidemiology (Dr. RP Chauhan, Dr NK Sharma, Dr RP Kamate)	Definition, steps, examples & uses of case Control study.
10.00-11	Analytical Epidemiology (Dr. RP Chauhan, Dr NK Sharma, Dr RP Kamate)	Definition, steps, examples & uses of Cohort study
11-12	Dr. RP Chauhan, Dr NK Sharma, Dr RP Kamate	Definition, steps, types, examples & uses of Randomized Controlled trials
10.15-1.00	NRCT (Dr RP Chauhan)	Before and after study, Uncontrolled, Natural
1.00-2.00		Lunch
2.00-4.00	Data collection & analysis (Dr. RP Chauhan, Mr Vinayak Gaikwad, Dr Kalplata Bhaisare)	BMI based data collection & analysis
4.00-6.00	Open House	Feedback/Post-test/Valedictory



Date: 22th November 2021

All IInd MBBS students are hereby informed that, "Certificate Course in Quantitative Methods in Research" (16 hours) is organized on 1st - 2nd December 2021. All are instructed to attend the programme. The detail schedule is as follows....

Time	Session & Faculty	Objective	
		December 2021	
9.00-10.00	Inauguration	Ice breaking Pre-test	
10.00-11.00	Epidemic versus Epidemiology (Dr. RP Chauhan, Dr NK Sharma, Dr RP Kamate)	Definition, classification & uses of Epidemics Definition, classification & uses of Epidemiology	
11.00 – 12.00	Measurements in Epidemiology (Dr. RP Chauhan, Dr NK Sharma, Dr RP Kamate)	Rates, Ratio, Proportions. Mortality, morbidity, disability, fertility, demography etc	
12.0-1.00	Descriptive Epidemiology (Dr. RP Chauhan, Dr NK Sharma, Dr RP Kamate)	Definition, steps, examples & uses of descriptive epidemiology	
1.00-2.00		Lunch	
2,00-5.00	Basic & Inferential statistics (Dr. RP Chauhan, Mr Vinayak Gaikwad)	Measurements of central tendency, measurements of dispersion, Student's t test, Chi square test etc	
5,00-6,00	Causation & Association (Dr RP Chauhan, Dr NK Sharma, Dr RP Kamate)	Spurious, indirect, direct, Hill's criteria	
	Day 2: 2 nd	December 2021	
9.00-10.00	Analytical Epidemiology (Dr. RP Chauhan, Dr NK Sharma, Dr RP Kamate)	Definition, steps, examples & uses of case control study.	
10.00-11	Analytical Epidemiology (Dr. RP Chauhan, Dr NK Sharma, Dr RP Kamate)	Definition, steps, examples & uses of Cohort study	
11-12	Randomized Controlled trials (Dr. RP Chauhan, Dr NK Sharma, Dr RP Kamate)	Definition, steps, types, examples & uses of Cohort study	
10.15-1.00	NRCT (Dr RP Chauhan)	Before and after study, Uncontrolled, Natural	
1.00-2.00	Lunch		
2.00-4.00	Data collection & analysis (Dr. RP Chauhan, Mr Vinayak Gaikwad , Dr Kalplata Bhaisare)	BMI based data collection & analysis	
4.00-6.00	Open House	Feedback/Post-test/Valedictory	

Dr. N.K. Sharma Organizing Secretary Dr. Arvind Yadav IQAC Co-ordinator

Dr. Xijay Dombale Principal

Dr. Suyaraa Patil Medical Director

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ENVIRONMENTAL
HEALTH & HYGINE

16 Hours



DURATION

29TH NOV 2021 TO 30TH NOV 2021





Dr Narendrakumar Shrama Organising Secretary



Dr Arvind Yadav IQAC Co-ordinator



Dr Vijay Dombale Principal



Dr Suvarna Patil Medical Director

Email ID: Iqac@bklwrmc.com

Certificate Course in

Environment Health and Hygiene

Time	Session	Objectives
	Day 1: 29th No	ovember 2021
1202112021	15000040200	Ice breaking
9.00-10.00	Inauguration	Pre-test
	Introduction to Environment Health	Investment of Environment in Manife
10.00-11.00	and Hygiene	- Importance of Environment in Health
	(Dr NK Sharma, Dr Rahul Chopade)	- Environment in the Epidemiology Triad
	Environment: Air - I	- Composition of Air and self cleansing property.
11.00 - 12.00	(Dr NK Sharma, Dr Rahul Chopade)	- Outdoor pollutants
	(Di III Silainia, Di Kanui Ciopade)	- Prevention & Control.
	Environment: Air - II	- Indoor pollution
12.00-1.00	((Dr NK Sharma, Dr Rahul Chopade)	 Adverse Health Effects of Outdoor & Indoor pollutio
		- Air Quality Index (AQI), Global Warming.
1.00-2.00		Lunch
	Environment: Solid Waste - I	- Sources
2.00-3.00	((Dr NK Sharma, Dr R P Kamate)	- Health Hazards
		- Disposal of Solid Waste
	Environment: Waste Disposal - II	- Sewage treatment (a) Aerobic (b) Anaerobic
3.00-4.00	(Dr NK Sharma, Dr R P Kamate)	- Oxygen Pond
	10.31.22	- Sewage Farming
	Visit to STP	- Demonstration of work flow in STP
4.00-6.00	(Dr R P Kamate, Dr K A Bhaisare, Dr	- Understand the Process of sewage treatment
	Nivedita Ketkar)	
	Day 2 :30 th N	ovember 2021
		- Safe and Wholesome water
9.00-10.00	Environment: Water - I	- Sources, uses and requirement of water
	Dr NK Sharma, Dr K A Bhaisare	
		-"Problem village"
10.00.11.00	Environment: Water - II	- Slow Sand Filter and Rapid Sand Filter
10.00-11.00	Dr NK Sharma, Dr K A Bhaisare	Disinfection - Rain water Harvesting
		- Properties of noise
	Noise pollution	- Permissible Exposure Limits
11.00 - 12.00	(Dr NK Sharma, Dr R P Kamate	[1] ************************************
	* Control of State Control	- Control of Noise Pollution
	Radiation Hazards	- Sources of Radiation - Types
12.00- 1.00	(Dr NK Sharma, Dr R P Kamate	
	78 6	- Radiation Protection
1.00-2.00		Lunch
2.00-2.00		- WHO Healthful Housing
2.00-3.00	Environment: Housing and Heal	th - Housing Standards
	(Dr R P Kamate, Dr K A Bhaisar	e) - Problems of poor housing
		- Personal and Environmental Hygiene
	Universal Safety Precautions	- Standard Precautions
3.00-4.00	(Dr R P Kamate, Dr K A Bhaisar	
		- Global "Hand Washing Day"
	Visit to Water Treatment Plan	
	visit to water freatment Plan	L. S.
4.00-6.00	(Dr R P Kamate, Dr K A Bhaisare,	 Observe the workflow in WTP- Eiltration and

Date: 22th November 2021

All Ist MBBS students are hereby informed that, "Certificate Course in Environment Health and Hygiene" (16 hours) is organized on 29th-30th November 2021. All are instructed to attend the programme. The detail schedule is as follows....

Time	Session & Faculty	Objective
District Control	Day 1: 29 th Novem	iber 2021
9.00-10.00	Inauguration	Ice breaking Pre-test
10.00-11.00	Introduction to Environment Health and Hygiene (Dr NK Sharma, Dr Rahul Chopade)	Importance of Environment in Health Environment in the Epidemiology Triad
11.00 - 12.00	Environment: Air - I (Dr NK Sharma, Dr Rahul Chopade)	Composition of Air and self cleansing property. Outdoor pollutants Prevention & Control.
12.00-1.00	Environment: Air - II ((Dr NK Sharma, Dr Rahul Chopade)	 Indoor pollution Adverse Health Effects of Outdoor & Indoor pollution Air Quality Index (AQI), Global Warming.
1.00-2.00	The same of the sa	Lunch
2.00-3.00	Environment: Solid Waste - I ((Dr NK Sharma, Dr R P Kamate)	- Sources - Health Hazards - Disposal of Solid Waste
3.00-4.00	Environment: Waste Disposal - II (Dr NK Sharma, Dr R P Kamate)	Sewage treatment (a) Aerobic (b) Anaerobic Oxygen Pond Sewage Farming
4.00-6.00	Visit to STP (Dr R P Kamate, Dr K A Bhaisare, Dr Nivedita Ketkar)	Demonstration of work flow in STP Understand the Process of sewage treatment
	Day 2: 30th Noven	
9.00-10.00	Environment: Water - I Dr NK Sharma, Dr K A Bhaisare)	- Safe and Wholesome water - Sources, uses and requirement of water - Water related diseases - "Problem village"
10.00-11.00	Environment: Water - II Dr NK Sharma, Dr K A Bhaisare)	Slow Sand Filter and Rapid Sand Filter Disinfection Rain water Harvesting
11.00 – 12.00 Noise pollution (Dr NK Sharma, Dr R P Kamate)		Properties of noise Permissible Exposure Limits Adverse Health Effects of Noise Control of Noise Pollution
12.00- 1.00 Radiation Hazards (Dr NK Sharma, Dr R P Kamate)		- Sources of Radiation - Types - Radiation Units - Biological Effects - Radiation Protection
1.00-2.00		Lunch
2.00-3.00	Environment: Housing and Health (Dr R P Kamate, Dr K A Bhaisare)	WHO Healthful Housing Housing Standards Problems of poor housing
3.00-4.00	Universal Safety Precautions (Dr R P Kamate, Dr K A Bhaisare)	Personal and Environmental Hygiene Standard Precautions Hand Hygiene Global "Hand Washing Day"
4.00-6.00	Visit to Water Treatment Plant (Dr R P Kamate, Dr K A Bhaisare, Dr. Nivedita Ketkar)	- Observe the workflow in WTP- Filtration and Chlorination

Dr. N.K. Sharma Organizing Secretary

Dr. Asvind Yadav IQAC Co-ordinator De Vijay Dombale Principal

Dr. Suvarna Patil Medical Director



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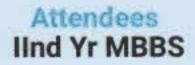
BKL Walswalkar Rural Medical College & Hospital, Sawarde

CERTIFICATE COURSE IN

BIOMEDICAL WASTE

MANAGEMENT

16 Hours



DURATION 8TH OCT 2021

TU 9TH OCT 2021





Organising Secretary



Dr Arvind Yadav IQAC Co-ordinator



Dr Vijay Dombale Principal



Dr Suvarna Patil Medical Director

Email ID: iqac@bklwrmc.com

Certificate Course in

Biomedical Waste Management

Time	Session	Objective
	Day 1:	25th October 2021 (Monday)
09.00 - 10.00	Inauguration	Ice breaking & Pre-test
10.00 - 11.00	Introduction & Legal Aspects (Dr. Prasanna Nakate)	 Definition of BMW, Burden of Biomedical waste Importance of biomedical waste management Legal aspects of Biomedical waste management Recent modifications Biomedical waste management in COVID-19 era
11.00 - 12.00	Biomedical waste Management in tertiary care Hospital (Dr. Yogendra Shelke)	 Importance of biomedical waste management in tertiary care institute Biomedical waste management Protocol Biomedical waste management in different parts of tertiary care institute What is Occupational exposure? In brief about Post exposure prophylaxis
12.00 - 1.00	Spillage Management (Dr. Snehal Patil)	What is spillage? Risk associated with Spillage Importance of Spillage Management SOP Spillage Management
01.00 - 02.00		Lunch
02.00 - 06.00	Visit to CSSD (Dr. Yogendra Shelke, Dr. Utkarsha, Dr. Shruti)	 Importance of CSSD in in tertiary care institute Structure of CSSD & Importance of Unidirectional work flow in CSSD Revising basics of Sterilization and Disinfection DOAP: Working of Autoclave & Eto Sterilizer? Biological and Physical controls used in CSSD
	Day 2	: 26th October 2021 (Tuesday)
09.00 -10.0	Hazards of improper bion waste Managemen (Dr.Yogendra Shelke	t with improper biomedical waste Management
10.00 - 10.1	15	Break
10.15 - 01.0	Visit to ETP Plant (Dr. Pra Nakate, Dr. Priyanka, Dr. 1	
01.00 - 02.0	00	Lunch
02.00 - 04.0	Visit to Hospital Biomeo Waste Management fac (Dr. Snehal Patil, Dr. Utka	cility Biomedical Waste Management facility
04.00 - 06.0	Open House	Feedback, Post-test & Valedictory

All IInd MBBS students are hereby informed that, "Certificate Course in Biomedical Waste Management (16 Hours)" is organized on 25th- 26th October 2021. All are instructed to attend the programme. The detail schedule is as follows ...

Time	Session & Faculty	Objective		
Day 1: 25th October 2021 (Monday)				
	Inauguration	Toe breaking & Pre-test		
09.00 -10.00 am 10.00 -11.00 am	Introduction & Legal Aspects (Dr. Prasanna Nakate)	Definition of BMW , Burden of Biomedical waste Importance of biomedical waste management Legal aspects of Biomedical waste management Recent modifications Biomedical waste management in COVID-19 era		
11.00 - 12.00 pm	Biomedical waste Management in tertiary care Hospital (Dr. Yogendra Sheike)	Importance of biomedical waste management in tertiary care institute Biomedical waste management Protocul Biomedical waste management in different parts of tertiary care institute What is Occupational exposure? In brief about Post exposure prophylaxis		
12.00 - 1.00 pm	Spillage Management (Dr. Shehal Patil)	What is spillage? Risk associated with Spillage Importance of Spillage Management SOP Spillage Management		
01.00 - 02.00 pm		Lunch		
02.00 - 06.00 pm	Visit to CSSD (Dr. Yogendra Shelke, Dr. Utkarsha, Dr. Shruti)	Importance of CSSD in in tertiary care institute Structure of CSSD & Importance of Unidirectional work flow in CSSD Revising basics of Sterilization and Disinfection DOAP: Working of Autoclave & Eto Sterilizer? Biological and Physical controls used in CSSD		
	Day 2: 26th Octo	ber 2021 (Tuesday)		
09.00 -10.00 am	Hazards of improper biomedical waste Management (Dr.Yogendra Shelke)	Concept of Occupational exposure and its relation with improper biomedical waste Management Do's & Don'ts in biomedical waste Management		
15 00 TO 15 500	(Distrogeria o	Break		
10.00 - 10.15 am 10.15 - 01.00 pm	Visit to ETP Plant (Dr. Prasanna Nakate, Dr. Priyanka, Dr. Shruti)	What's is role of ETP plant? Design of ETP Plant DOAP Demonstration of Workflow in Institutional ETP plant		
01.00 - 02.00 pm		Lunch		
02.00 - 05.00 pm	Visit to Hospital Biomedical Waste Management facility (Dr. Snehal Patil, Dr. Utkarsha, Dr. Priyanka)	Marie Management Street		
45 45 00 00	Open House	Feedback, Post-test & Valedictory		
05.00 - 06.00 pm	Openinosas			

Dr. Prasanna Nakate Organizing Secretary Dr. Arvind Yadav (OAC Co-ordinator y yay bombale (Principal Dr. Suverne Patil Med cal Director

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S.V.J.C.T's

B. K. L. Walawalkar Rural Medical College & Hospital, Sawarde

Certificate course in soft skill development



Dr. Adwait Godse Organising Secretary



Dr. Vijay Dombale Principal



Dr. Arvind Yadav IQAC Co-ordinator



Dr. Suvarna patil Medical Director

16 Hours

Attendees
1st Year MBBS

Duration 25th Sep 2021 To 26th Sep 2021

Register For Free





Time	Session	Objective
Day 1: 25th Se	ptember 2021.	
9.00-9.30	Inauguration	Ice breaking & Pre-test
9.30-11.00	Introduction	Soft skills – 1. Is it IMP for IMG? 2. Components of Soft Skills 3. What for is Induction Programme?
11.00-11.15	Break	
11.15 - 11.45	Clinician's conundrum	Hard Vs. Soft Skills? Are Soft Skills the BEST Pathway to Success?
11.45 -12.15	Leadership	Explain components of leadership and their importance
12.15 - 12.45	Communication	A Quick Revision of skill sets of communication in recent workshop
12.45 - 2.00	Lunch	
2.00 - 2.15	Empathy	Revise the importance of Empathy learnt in recent workshop
2.15 – 3.15	Work Ethics	Explain the importance of work ethics with Group Discussion on work ethics
3.15 - 3.30	Break	
3.30 - 5.30	Stress Management	Explain Components, Concepts of Stress management with Students' Participation in demonstration of various arts forms as modes of stress management
Day 2: 26th Se	ptember 2021	
9.00 - 9.15	Meditation	
9.15 – 10.00	Humility Receptive Attitude	Explain the importance of humility & receptive attitude
10:00-10.15	Break	
10.15-11.30	Art of Detailing	Brief introduction about attention on detailing followed by Group activity
11.30-12.30	Contidence in own skill set Positive Outlook	Brief introduction about confidence in own skill sets & positive outlook
12.30-2.00	Lunch	
2.00-2.30	Lifelong Learning	Explain importance and modes of lifelong learning medical sciences
2.30-3.00	Professionalism	Explain in brief need & Importance of professionalism
3.00-5.30	Open House Feedback & Post-test	



All 1st MBBS students are hereby informed that, "Certificate Course in Soft Skill Development" is organized on 25th-26th September 2021. All are instructed to attend the programme. The detail schedule is as follows....

Time	Session	Objective		
Day 1: 25th Se	eptember 2021			
9.00-9.30	Inauguration	Ice breaking & Pre-test		
9.30-11.00	Introduction	Soft skills – 1. Is it IMP for IMG? 2. Components of Soft Skills 3. What for is Induction Programme?		
11.00-11.15	Break	The state of the s		
11.15 – 11.45	Clinician's conundrum	Hard Vs. Soft Skills? Are Soft Skills the BEST Pathway to Success?		
11.45 -12.15	Leadership	Explain components of leadership and their importance		
12.15 - 12.45	Communication	A Quick Revision of skill sets of communication in recent workshop		
12.45 - 2.00	Lunch			
2.00 - 2.15	Empathy	Revise the importance of Empathy learnt in recent workshop		
2.15 – 3.15	Work Ethics	Explain the importance of work ethics with Group Discussion on work ethics		
3.15 - 3.30	Break			
3.30 - 5.30	Stress Management	Explain Components, Concepts of Stress management with Students' Participation in demonstration of various arts forms as modes of stress management		
Day 2: 26th Sep	otember 2021			
9.00 - 9.15	Meditation			
9.15 – 10.00	Humility Receptive Attitude	Explain the importance of humility & receptive attitude		
10.00-10.15	Break			
10.15-11.30	Art of Detailing	Brief introduction about attention on detailing followed by Group activity		
11.30-12.30	Confidence in own skill set Positive Outlook	Brief introduction about confidence in own skill sets & positive outlook		
12.30-2.00	Lunch			
2.00-2.30	Lifelong Learning	Explain importance and modes of lifelong learning medical sciences		
2.30-3.00	Professionalism	Explain in brief need & importance of professionalism		
3.00-5.30	Open House	Foodback & Post-test		

Dr. Adwait Godse Organizing Secretary Dr. Arvind Yadav IQAC Co-ordinator Devijay Dombale Principal

Dr. Suvarha Patil Medical Director

13.5 Records for Return Colors Interview For Service Sectional Parket up

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B. K. L. Walawalkar Rural Medical College & Hospital, Sawarde

Certificate course in Language & Communication Skill development 16 Hours

Attendees
1st Year MBBS

Duration 21st Aug 2021 To 22nd Aug 2021





Dr. Choity Maitra Organising Secretary



Dr. Vijay Dombale Principal



Dr. Arvind Yadav IQAC Co-ordinator



Dr. Suvarna patil Medical Director



Time	Session	Objective	
Day 1: 21st Au	gust 2021		
9.00-9.30	Inauguration	Ice breaking Pre-test	
9.30-11.00	Introduction	Describe elements of Basic communication skills Importance of good communication in Medicine Verbal & Non-verbal communication	
11.00-11.15	Break		
11.15 - 11.45	Listening Skills	Explain the importance of listening in communication	
11.45-12.00	Empathy	Explain the importance of empathy in communication	
12.00-1.00	Listening & Empathy	Role play, Group discussion, Brain storming	
1.00-2.00	Lunch		
2.00-3.00	Reading & Writing Skills	Explain the importance of good reading & writing skills in Medicine	
3.00-5.00	Reading & Writing Skills	Role play, Group discussion, Brain storming	
Day 2: 22nd Au	ugust 2021		
9.00-10.30	Language Skills	Demonstrate the ability to communicate and learn in English Demonstrate the use of local language in patient and peer interactions	
10.30-10.45	Break		
10.45-1.00	Language Skills	Role play, Group discussion, Brain storming	
1.00-2.00	Lunch		
2.00-2.45	Barriers	Barriers in Language & Communication	
2.45-3.15	The Road Ahead	AWARE	
3.00-5.00	Open House	- Feedback - Post-test - Valedictory	

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B. K. L. WALAWALKAR RURAL MEDICAL COLLEGE



BKLWRMC / NAAC/Value added courses/ 632/2021

Kasarwadi, At-Post Sawarda, Taluka Chiplun, Dist. Ratnagiri - 415606. Maharashtra State, INDIA

Tel.: +91 02355 264636 / 264637

Fax: +91 02355 264693 Email: info@bklwrmc.com

Website: www.walawalkarmedicalcollege.com

Date: 18th August 2021

NOTICE

All Ist MBBS students are hereby informed that, "Certificate Course in Language & Communication Skill Development" is organized on 21st-22nd August 2021. All are instructed to attend the programme. The detail schedule is as follows....

Time	Session	Objective	
Day 1: 21st Au	gust 2021	THE PARTY OF THE P	
9.00-9.30	Inauguration	Ice breaking Pre-test	
9.30-11.00	Introduction	Describe elements of Basic communication skills Importance of good communication in Medicine Verbal & Non-verbal communication	
11.00-11.15	Break	* LT: XCSTESTICO PELSE VARIOUS AND AUTOLOGICAL AND AUTOCOMPANION AUTOCOMPANION AND A	
11.15 – 11.45	Listening Skills	Explain the importance of listening in communication	
11.45-12.00	Empathy	Explain the importance of empathy in communication	
12.00-1.00	Listening & Empathy	Role play, Group discussion, Brain storming	
1.00-2.00	Lunch		
2.00-3.00	Reading & Writing Skills	Explain the importance of good reading & writing skil in Medicine	
3.00-5.00	Reading & Writing Skills	Role play, Group discussion, Brain storming	
Day 2: 22nd A	agust 2021		
9.00-10.30	Language Skills	Demonstrate the ability to communicate and learn in English Demonstrate the use of local language in patient and peer interactions	
10.30-10.45	Break		
10.45-1.00	Language Skills	Role play, Group discussion, Brain storming	
1.00-2.00	Lunch		
2.00-2.45	Barriers	Barriers in Language & Communication	
2.45-3.15	The Road Ahead	AWARE	
3.00-5.00	Open House	- Feedback - Post-test - Valedictory	

Dr. C. Maitra Organizing Secretary Dr. Arvind Yadav IQAC Co-ordinator Dr. Vijay Dombale Principal

Dr. Suyagun Patil Medical Director

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Shri Vithalrao Joshi Charities Trust's

B. K. L. WALAWALKAR RURAL MEDICAL COLLEGE



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Tel.: +91 02355 264636 / 264637

Fax: +91 02355 264693 Email: info@bklwrmc.com

Website: www.walawalkamedicalcollege.com

Date: 01.08.2021

Outward, No. SVJCT/BKLWH/701/2021

To. All HOD's

Subject- Skill training workshop- Training of trainers

This is to inform all HOD's of Clinical, Pre Clinical and Para clinical department that the institute has organized a "Skill training workshop- Training of trainers " by Dr. Unmesh Santpur (Professor and head Department of OBGY) for all Interns, Faculties, Post graduate students on 13th and 14th August 2021 at 10am. Kindly adjust the teaching schedule and attend the workshop at SKILL LAB, IPD building.

Thank you,

Dr. Suvarna Patil Medical Director, B.K.L. Walawalkar Rural Medical College

Sawarde, Ratnagiri.



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BKLWRMC/Physio/ 159/2019

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Tel.: +91 02355 264636 / 264637

Fax: +91 02355 264693 Email: info@bklwrmc.com Website: www.walawalkarmedicalcollege.com

Date :4-12-19

Department of Physiology

All the 1st MBBS students are hereby informed that "Certificate course in Yoga and Wellness" is organized on 8th and 15thDec 2019. All are instructed to attend the program. Course is based on Common Yoga protocol of AYUSH prepared by committee of Yoga experts.

Dr. Amar Barawade

Organizing Secretary

Dr. Arvind Yadav

IQAC chairman

Dr. Vijay Dombale

B.K.L. Walawakar Rural

Medical College, Sawarde

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Program Schedule

Day 1: 8th Dec 2019

Time	Session	Objective	
9 - 9.30 am	Inauguration	Ice breaking	Dr. Amar Barawade
9.30- 11.00 am	Introduction	- What is yoga - Brief history and development of yoga - Fundamentals of yoga - Traditional schools of yoga	Dr. Choity Maitra
11 - 11.15 am	Tea break		
11.15 – 11.30 am	Sukshmavyayam	-General guidelines - Invocation/prayer - Loosening exercises	Dr. Amar Barawade
11.30 – 12.30 pm	Demonstration of asanas	Hands on training -Yogasana's in standing, sitting, position, supine	Mrs. Rachana Mohite
12.30 – 1.30 pm	Demonstrations of pranayama	Pranav, Bhramari pranayama, Anulomvilomprakriya etc.	Dr. Anup Nilawar
1.30 - 2.30 pm	Lunch Break		
2.30 – 3.30 pm	Benefits of yoga	 Physical, mental and physiological benefits	
3.30 - 4.30 pm	Way ahead	Food for thought Role of yoga in therapeutics Dr. Amar Barawa	
4.30 - 5 pm		Group discussion, brain storming	Dr. Amar Barawade

Day 2:15th dec 2019

Time	Session	Objective
9 – 10.30 am	Introduction to wellness	 Sedentary lifestyle- a curse to humanity Importance of wellness habits
10.30-10.45 am	Tea break	
10.45 – 12 am	Dimensions of wellness	Music therapy Laughter therapy Meditation
12- 1 pm	Physical fitness (cardio fitness)	Warm up Importance of walking,running, cool down
1 - 2 pm	Lunch break	
2 - 3 pm	Lifestyle modification	Importance of diet & healthy lifestyle
3 - 4.30 pm	Basic skills	Postures Ergonomics
4.30 - 5 pm	Open house	Feedback, valedictory



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BKLWRMC/Physio/ 156 /2018

Kasarwadi, At-Post Sawarda, Taluka Chiplun, Dist. Ratnagiri - 415606. Maharashtra State, INDIA

Tel.: +91 02355 264636 / 264637

Fax: +91 02355 264693 Email: info@bklwrmc.com Website: www.walawalkarmedicalcollege.com

Date: 04-09-2018

Department of Physiology

All the 1st MBBS students are hereby informed that "Certificate course in Yoga and Wellness" is organized on 9th and 16th Sep 2018. All are instructed to attend the program. Course is based on Common Yoga protocol of AYUSH prepared by committee of Yoga experts.

Dr. Amar Barawade

Organizing Secretary

Dr. Arvind Yadav

IQAC chairman

Dr. Vijay Dombale

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Medical College, Sawarde

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Program Schedule

Day 1: 9th Sep 2018

Time	Session	Objective	
9 - 9.30 am	Inauguration	Ice breaking	Dr. Amar Barawade
9.30- 11.00 am	Introduction	What is yoga Brief history and development of yoga Fundamentals of yoga Traditional schools of yoga	Dr. Choity Maitra
11 - 11.15 am	Tea break		
11.15 – 11.30 am	Sukshmavyayam	- General guidelines - Invocation/prayer - Loosening exercises	
11.30 – 12.30 pm	Demonstration of asanas	Hands on training -Yogasana's in standing, sitting, position, supine	Mrs. Rachana Mohite
12,30 - 1,30 pm	Demonstrations of pranayama	Pranav, Bhramari pranayama, Anulomvilomprakriya etc.	Dr. Anup Nilawar
1.30 - 2.30 pm	Lunch Break		
2.30 - 3.30 pm	Benefits of yoga	Physical, mental and physiological benefits Dr. Amar Bara of yoga	
3.30 - 4.30 pm	Way ahead	Food for thought Role of yoga in therapeutics Dr. Amar Barawa	
4.30 – 5 pm		Group discussion, brain storming Dr. Amar Barawa	

Day 2 :16th Sep 2018

Time	Session	Objective
9 – 10.30 am	Introduction to wellness	Sedentary lifestyle- a curse to humanity Importance of wellness habits
10.30-10.45 am	Tea break	
10.45 12 am	Dimensions of wellness	- Music therapy - Laughter therapy - Meditation
12- 1 pm	Physical fitness (cardio fitness)	- Warm up - Importance of walking, running, - cool down
1 - 2 pm	Lunch break	
2 - 3 pm	Lifestyle modification	Importance of diet & healthy lifestyle
3 - 4.30 pm	Basic skills Postures Ergonomics	
4.30 – 5 pm	Open house	Feedback, valedictory



All IInd MBBS students are hereby informed that, "Certificate Course in Biomedical Waste Management (16 Hours)" is organized on 19th 26th August 2018. All are instructed to attend the programme. The detail schedule is as follows....

Time	Session & Faculty	Objective
31	Day 1: 19 th Aug	just 2018 (Sunday)
09.00 -10.00 am	Inauguration	Ice breaking & Pre-test
10.00 -11.00 am	Introduction & Legal Aspects (Dr. Prasanna Nakate)	Definition of BMW , Burden of Biomedical waste Importance of biomedical waste management Legal aspects of Biomedical waste management Recent modifications Biomedical waste management in COVID-19 era
11.00 - 12.00 pm	Biomedical waste Management in tertiary care Hospital (Dr. Yogendra Shelke)	Importance of biomedical waste management in tertiary care institute Biomedical waste management Protocol Biomedical waste management in different parts of tertiary care institute What is Occupational exposure? In brief about Post exposure prophylaxis
12.00 - 1.00 pm	Spillage Management (Dr. Prasanna Nakate)	What is spillage? Risk associated with Spillage Importance of Spillage Management SOP Spillage Management
01.00 - 02.00 pm		Lunch
02.00 - 05.30 pm	Visit to CSSD (Dr. Yogendra Shelke)	Importance of CSSD in in tertiary care institute Structure of CSSD & Importance of Unidirectional work flow in CSSD Revising basics of Sterilization and Disinfection DOAP: Working of Autoclave & Eto Sterilizer? Biological and Physical controls used in CSSD
	Day 2: 26th Aug	just 2018 (Sunday)
09.00 -10.00 am	Hazards of improper biomedical waste Management (Dr.Yogendra Shelke)	Concept of Occupational exposure and its relation with improper biomedical waste Management Do's & Don'ts in biomedical waste Management
10.00 - 10.15 am	. 10k 75h 19k 3	Break
10.15 - 01.00 pm	Visit to ETP Plant (Dr. Prasanna Nakate)	What's is role of ETP plant? Design of ETP Plant DOAP: Demonstration of Workflow in Institutional ETP plant
01.00 - 02.00 pm	Lunch	
02.00 - 04.00 pm	Visit to Hospital Biomedical Waste Management facility (Dr. Prasanna Nakate)	DOAP : Demonstration of Workflow in Hospital Biomedical Waste Management facility
04.00 - 05.30 pm	Open House	Feedback, Post-test & Valedictory

Dr. Prasanna Nakate Organizing Secretary Dr. Arvind Yadav IQAC Co-ordinator

Dr. Vijay Dombale Principal Dr. Suvarna Patil Medical Director

Date: 9th August 2018

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