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# SVJCT DREAM HEALTH PARK

*An endeavor which unfolds...*

- ✚ Self Assessment of your Body & Mind
- ✚ Knowledge about your Health
- ✚ Ways to improve Health by unfolding science
- ✚ Scientific mysteries within Indian Culture

**SVJCT Dream Health Park** Was inaugurated by **Padmavibhushan Dr. Anil Kakodkar** and Dr. T. Ramasami (Padmavibhushan) on 20<sup>th</sup> October 2018.

This park is designed by of B.K.L. Walawalkar Rural Medical College. It is true example of application of graduate medical education to the school going kids.

**This park is designed to educate children from 10 years to 18 years.**

This Health Park can be a potent medium of communicating latest developments in science and technology to children especially in rural area, and youngsters who could be made aware of their fitness and health.

There is a growing concern regarding Child Education in rural area about their Ethics or Values and Physical Health. Today's youth face many risks, including addictions like alcoholism, tobacco habit, junk food, obesity, violence, poor hygiene and physical & mental health. This health park can also use this 'effective prevention program' to help guide children in thinking, planning, selection, and delivery of abuse prevention programs at the community level.

Since changing lifestyle has increasingly become an integral part of our lives, it is necessary that children should be aware of the potential risks and harms of their lifestyle and can learn the ways of remaining healthy throughout life.



*Signature*  
DEAN

**SVJCT Dream Health Park**

**SVJCT Dream Health Park** Was inaugurated by **Padmavibhushan Dr. Anil Kakodkar** and **Dr. T. Ramasami (Padmavibhushan)** on 20<sup>th</sup> October 2018.



*Signature*  
DEAN





*Sprouts*  
DEAN





*[Signature]*  
DEAN

B.K.L. Watavalkar Rural Medical College  
Al. Karwar, Post. Sawarde  
Tal. Chiplun, Dist. Ratnagin





  
DEAN

B.J.L. Watnikar Rural Medical College  
Alkanarwadi, Post. Sawarde  
Tal.Chiplun, Dist. Ratnagin



**B. K. L. Walawalkar Rural Medical College  
- Physiology Department**



  
DEAN

B.K.L. Walawalkar Rural Medical College  
Alkasarwad, Post Sarwad  
Tal.Chiplun, Dist. Ratnagiri

## SVJCT Dream Health Park Logo

# SVJCT DREAM HEALTH PARK

Is designed for  
**Self Assessment of  
Your Body & Mind.**

It gives **Knowledge** not only  
about **Your Health** but  
also tells you the ways  
to **improve** it by unfolding  
the **science**.

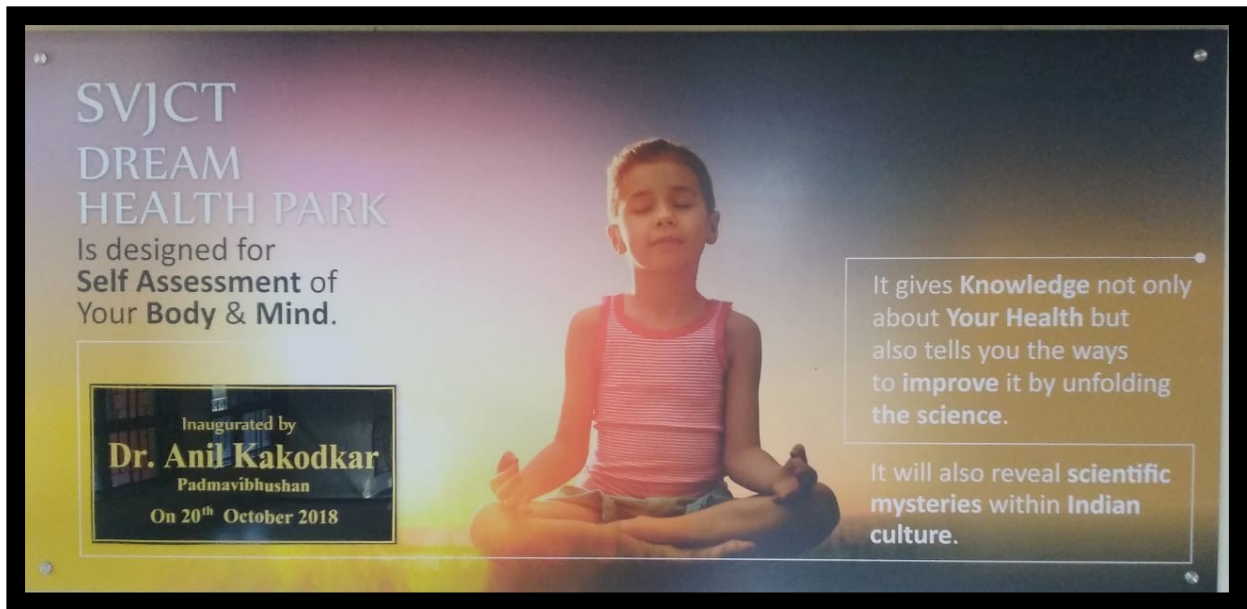
It will also reveal **scientific  
mysteries** within **Indian  
culture**.



DEAN

B.J.L. Wainalkar Rural Medical College  
Alkasanwad, Post. Sewarde  
Tal. Chiplun, Dist. Ratnagin





## Health card

DATE: \_\_\_\_\_

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ SEX: \_\_\_\_\_

NAME OF COLLEGE: \_\_\_\_\_

FACULTY: \_\_\_\_\_ YEAR: \_\_\_\_\_ ROLL NO: \_\_\_\_\_

ADRESS: \_\_\_\_\_

Eating Habits: (Veg / Non-veg)

Height: \_\_\_\_\_ cms      Weight: \_\_\_\_\_ Kg      BMI: \_\_\_\_\_

WAIST/HIP RATIO: \_\_\_\_\_

NOURISHMENT: Normal/ Undernourished/ Over-nourished

VITAL CAPACITY: \_\_\_\_\_ Lit      PEAK FLOW RATE: \_\_\_\_\_ L/min

PULSE RATE \_\_\_\_\_/min      OXYGEN(O<sub>2</sub>) SATURATION: \_\_\_\_\_

BLOOD PRESSURE: \_\_\_\_\_ mmHg

VISION: Far vision – \_\_\_\_\_

Near Vision - \_\_\_\_\_

Colour Vision - \_\_\_\_\_

Which poison is present in Chinese food: \_\_\_\_\_

3 Ways of reliving stress - \_\_\_\_\_

Did you solve tests for cognition- Result - \_\_\_\_\_

*(Signature)*  
DEAN

# Aarogyam

## The Health Exhibition

Let's gather to create health awareness through your creativity!!!!

Department of Physiology feels immense pleasure to conduct a **"Project exhibition competition"** on 15<sup>th</sup> October 2018

**Theme:** "Junk food vs Traditional food"  
or  
"Exercise and Health"

**Time:** 10 a.m. onwards

**Venue** – M.E.T Hall, Medical college building

**Note** – The competition is open for all medical and paramedical students (individual or as group).

**To enroll kindly contact** – (latest by 5<sup>th</sup> October 2018)

Dr. Amar Barawade  
Assistant Professor  
Department of Physiology

**Prize distribution** – 4 p.m. on 15<sup>th</sup> October 2018

SD/-  
Head of Department  
Department of Physiology  
B.K.L.W.R.M.C.

SD/-  
Principal  
B.K.L.W.R.M.C.

SD/-  
Medical Director  
B.K.L.W.R.M.C.



**Aarogyam – First prize winner  
Ms. Shalaka & group**



# Photos of the Aarogyam competition























HEALTH AND EXERCISE













### JUNK FOOD VS TRADITIONAL FOOD

 <b>PIZZA</b> Contains high levels of fat and calories.	 <b>BURGER</b> High in saturated fat and sodium.	 <b>SOFT DRINK</b> High in sugar and calories.	 <b>TRADITIONAL FOOD</b> Balanced nutrition and lower calories.	 <b>EFFECTS OF Junk FOOD ON THE HUMAN BODY</b> Junk food leads to obesity, heart disease, and diabetes.
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**EXERCISE**

**Importance :** *(Handwritten)*

- Exercise your body
- Exercise your brain and mind
- Exercise your heart
- Exercise your lungs
- Exercise your muscles
- Exercise your bones
- Exercise your nerves
- Exercise your blood
- Exercise your skin
- Exercise your hair
- Exercise your teeth
- Exercise your eyes
- Exercise your ears
- Exercise your nose
- Exercise your mouth
- Exercise your throat
- Exercise your stomach
- Exercise your intestines
- Exercise your bladder
- Exercise your rectum
- Exercise your anus
- Exercise your vagina
- Exercise your penis
- Exercise your testicles
- Exercise your ovaries
- Exercise your uterus
- Exercise your cervix
- Exercise your fallopian tubes
- Exercise your uterus
- Exercise your ovaries
- Exercise your testicles
- Exercise your penis
- Exercise your vagina
- Exercise your cervix
- Exercise your fallopian tubes

**THE BODY BENEFITS FROM OUR FIVE SENSES. TYPES :**

*(Handwritten notes and diagrams follow)*

**HUMAN NUTRITION**

Everything YOU eat or drink you use either for **Energy** or for **Building** it.

*(Handwritten notes and diagrams follow)*

**HEAVY BREAKFAST OR HEAVY DINNER**

*(Handwritten text explaining the effects of heavy meals)*

**FAT TO FIT**

*(Handwritten text and diagrams about body composition)*

**EXERCISE IS KING  
NUTRITION IS QUEEN  
PUT THEM TOGETHER  
AND YOU HAVE GOT A  
KINGDOM...**

















अन्न है पूर्ण ब्रह्म!!

**Traditions:**  
In all parts of the world, people eat food in different ways. Some eat with their hands, some use spoons and forks. In India, we eat with our hands. It is a tradition that has been passed down from our ancestors. We should respect these traditions and eat hygienically.

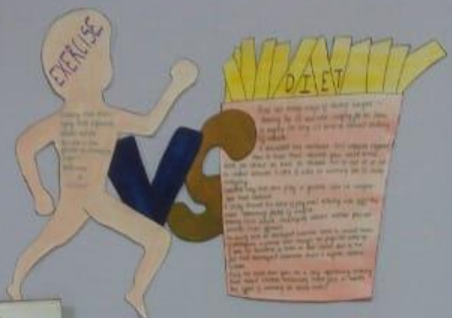
**You are What You Eat!!!**

**Eating with your Hands**  
In India, we eat with our hands. It is a tradition that has been passed down from our ancestors. We should respect these traditions and eat hygienically. We should wash our hands before eating and use clean plates and cups.

**Eating Food of Seasonal Nature**

The food we eat should be fresh and of seasonal nature. We should eat fruits and vegetables that are in season. This helps us stay healthy and strong. We should also eat a variety of foods to get all the nutrients we need.





### EXERCISE

#### Importance

Exercise is important for your health and well-being. It helps to keep your heart, lungs, and muscles strong. It also helps to reduce stress and improve your mood. Regular exercise can help you live longer and have a better quality of life.

#### THE BODY PHENOMENON'S LIGHT AND HEAVY BREAKFAST TYPES

Light Breakfast: This type of breakfast is low in calories and fat. It is usually made of whole grains, fruits, and vegetables. It is the best choice for people who want to lose weight or maintain a healthy weight.

Heavy Breakfast: This type of breakfast is high in calories and fat. It is usually made of refined grains, sugary cereals, and high-fat meats. It is not a good choice for people who want to lose weight or maintain a healthy weight.



### HEAVY BREAKFAST OR HEAVY DINNER

It has been said that breakfast is the most important meal of the day. However, a heavy breakfast or dinner can have negative effects on your health. A heavy meal can lead to indigestion, bloating, and fatigue. It can also lead to weight gain and an increase in cholesterol levels. To stay healthy, it is important to eat a balanced diet with a variety of nutrients. This includes whole grains, fruits, vegetables, and lean proteins. Avoiding heavy meals can help you feel better and live longer.



### HUMAN NUTRITION

Complex carbs are not just for energy, they are also for your health. They help to regulate your blood sugar and keep you full longer. They are also a good source of fiber, which is important for your digestive health. So, don't be afraid of complex carbs. They are your friend!



EXERCISE IS KING  
NUTRITION IS QUEEN  
PUT THEM TOGETHER  
AND YOU HAVE GOT A KINGDOM ...











**Effects of Fast Food on the body**

- Causes Fatigue and Weakness
- affects the brain function
- Increases the Risk of Heart Disease
- Excess causes Kidney Disease
- Excess Damages your liver
- Increases your Risk of Cancer



DRINK WATER AND NOT SUGAR  
 SUGAR IS A FORM OF SUGAR AND IT CAN BE HARMFUL TO YOUR HEALTH  
 IF YOU DRINK TOO MUCH SUGAR IT CAN CAUSE DIABETES AND OTHER HEALTH PROBLEMS

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What are you putting in to your body?

Is your stomach a dustbin?  
 Look what you are drinking

**Harmful Effects Of Junk Food**

- Lack of Micronutrients
- High Blood Pressure
- High Cholesterol
- Early Fatigue

**Harmful Effects Of Junk Food**

- High Blood Pressure
- High Cholesterol
- Increased Blood Pressure
- Metabolic Syndrome
- Non-alcoholic Fatty Liver Disease
- Type 2 Diabetes
- Cardiovascular Disease



WATER IS LIFE



DO YOU KNOW WHAT ALL THESE DRINKS CONTAIN??

Do you know what all these drinks contain??

- They do not contain any fruit

THUMPLUP 10 gm / 100 ml



LIMCA 10 gm / 100 ml



COKE CAN 10 gm / 100 ml



FRUIT 10 gm / 100 ml



FRUIT 10 gm / 100 ml



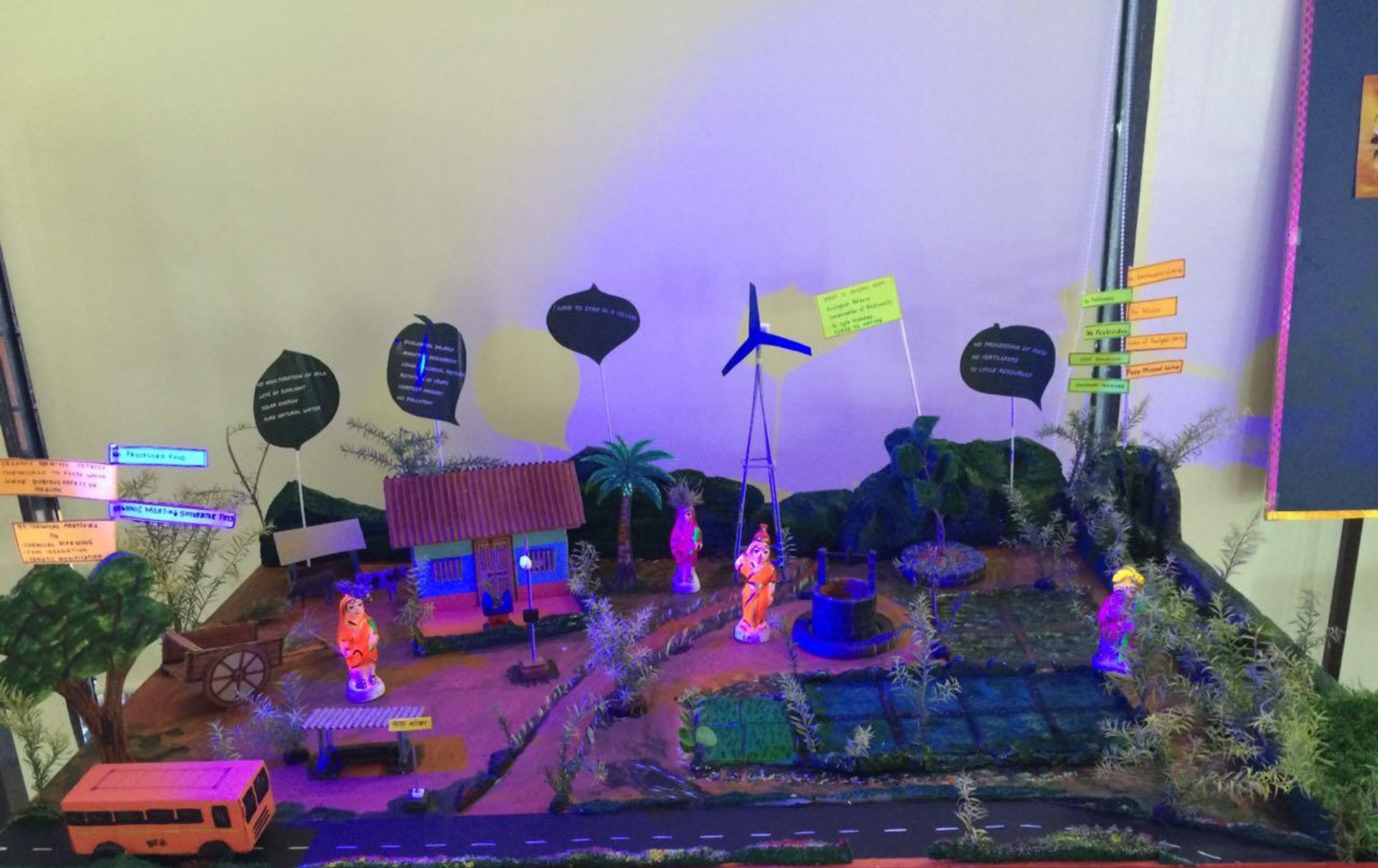
What is carbonated water?

Water that has been infused with carbon dioxide or water pressure that makes it bubbly.

Carbon dioxide and water react to form carbonic acid, which is what gives carbonated water its bubbly taste. Carbonic acid is a weak acid and can be harmful to your teeth. The pH of carbonated water is 3-4, which is more acidic than lemon juice.

One of the biggest concerns about spending money on carbonated water is that it can lead to tooth decay. The acid in carbonated water can erode the enamel on your teeth, making them more susceptible to decay. This can lead to cavities and other dental problems. If you are concerned about your teeth, it is best to avoid carbonated water and opt for plain water instead.





NO ADDITION OF SOIL  
LOVE OF SUNLIGHT  
SOLAR ENERGY  
PURE NATURAL WATER

PROTECT THE NATURE  
PREVENT POLLUTION  
USE ONLY NATURAL PRODUCTS  
RECYCLE OR REUSE  
CONSERVE ENERGY  
AVOID PLASTIC

I LOVE TO STAY IN A VILLAGE

WIND IS CLEAN AND  
RENEWABLE SOURCE  
CONSERVATION OF RESOURCES  
NO AIR POLLUTION  
EASY TO MAINTAIN

NO PROCESSING OF FOOD  
NO FERTILIZERS  
NO CHEMICALS  
NO WASTE

- 1. Organic
- 2. Natural
- 3. No Fertilizers
- 4. No Pesticides
- 5. Pure Natural Water

RELATIONSHIP BETWEEN  
TECHNOLOGY IN RURAL AREAS  
HAVE SIGNIFICANT EFFECT ON  
RURAL

PROCESSED FOOD

GENERIC MEATING CHEMICAL FOOD

TECHNICAL PROGRESS  
IN  
CHEMICAL FERTILIZERS  
AND PESTICIDES  
HAVE  
SIGNIFICANT  
EFFECT ON  
RURAL

NOICE WATER

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# आज है पूरा भ्रम

NUTRITION

According to Ayurved, Every finger is extension of five Elements:

Thumb - Space	to	
Index finger - air	to	
Middle - fire	to	
Ring - water	to	
Little - Earth	to	

So, eating with your hands stimulates these five elements.

Serving food on Banana Leaves :-

Banana leaves have Yangi amount of phytonutrients which act as antioxidants.



You are What You Eat !!!

**Tradit**

वदनि कवल घेना  
सहन हवन हेरे  
जिन करि जिनिया  
उदरभरण मोहे जागि

**Meaning:**

Partaking food to  
Satisfying hunger.  
fact a Yagna. The  
Bramha incarnate  
from Life to Living



PURPOSE OF FOOD :

- STRENGTH
- SURVIVAL

The more you fill up on healthy food the less space you'll have for unhealthy food.



Expression of Cultural Identity.  
Best for Particular Geographical Area.



Traditional Food


passed down from one generation to next.  
Traditional food gives enough nutrition.



*Kumbhar*

Chips are typically high in fat and sodium, which can raise the risk of weight gain and obesity. High Blood Pressure is high levels of sodium can cause an increase in blood pressure, which can lead to stroke, heart failure, coronary heart disease and kidney disease.

**KYA AAPKE YAKHANE MEIN PLASTIC HAIN?**

Put it in the waste 

- Not on your waist 

**Chinese restaurant syndrome**

**Warning:** Monosodium glutamate (MSG) may cause symptoms such as headache, flushing, and chest pain.

**Chips and** MSG are found in many processed foods, including instant noodle soups, frozen pizzas, and canned soups.

**High blood pressure:** MSG may contribute to high blood pressure, which can lead to stroke, heart failure, coronary heart disease and kidney disease.

**Heart problems:** MSG may contribute to heart problems, including chest pain, shortness of breath, and dizziness.

**Headaches and dizziness:** MSG may contribute to headaches and dizziness.

**Watch out for MSG!**



*Kumbhar*

Chips are typically high in fat and sodium, which can raise the risk of weight gain and obesity. High Blood Pressure is high levels of sodium can cause an increase in blood pressure, which can lead to stroke, heart failure, coronary heart disease and kidney disease.

**KYA AAPKE YAKHANE MEIN PLASTIC HAIN?**





See how will look after few years if you eat Junk food





NUTRITION

TRITION

DOMINOS

PEPSI

Coca-Cola

PIZZA

Fast food can act as the most powerful MEDICINE

On the slowest form of POISON

SVJCT'S BKL Walawalkar HOSPITAL

LET FOOD BE THY MEDICINE & MEDICINE NOT THE FOOD

Foods That burn FAT

APPLES FOR DIABETES  
PINEAPPLE  
PEACHES BEATERS  
APPLE  
KIWI

IMMUNITY

Fitness

DM

OBESITY

HTN

CHOOSE YOUR OWN PATH

Health

Dream Health Park

Visitors photos since  
2018





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26.10.2018 10:37



26.10.2018 10:40



























































Emotional Support



Emotional Support



85

















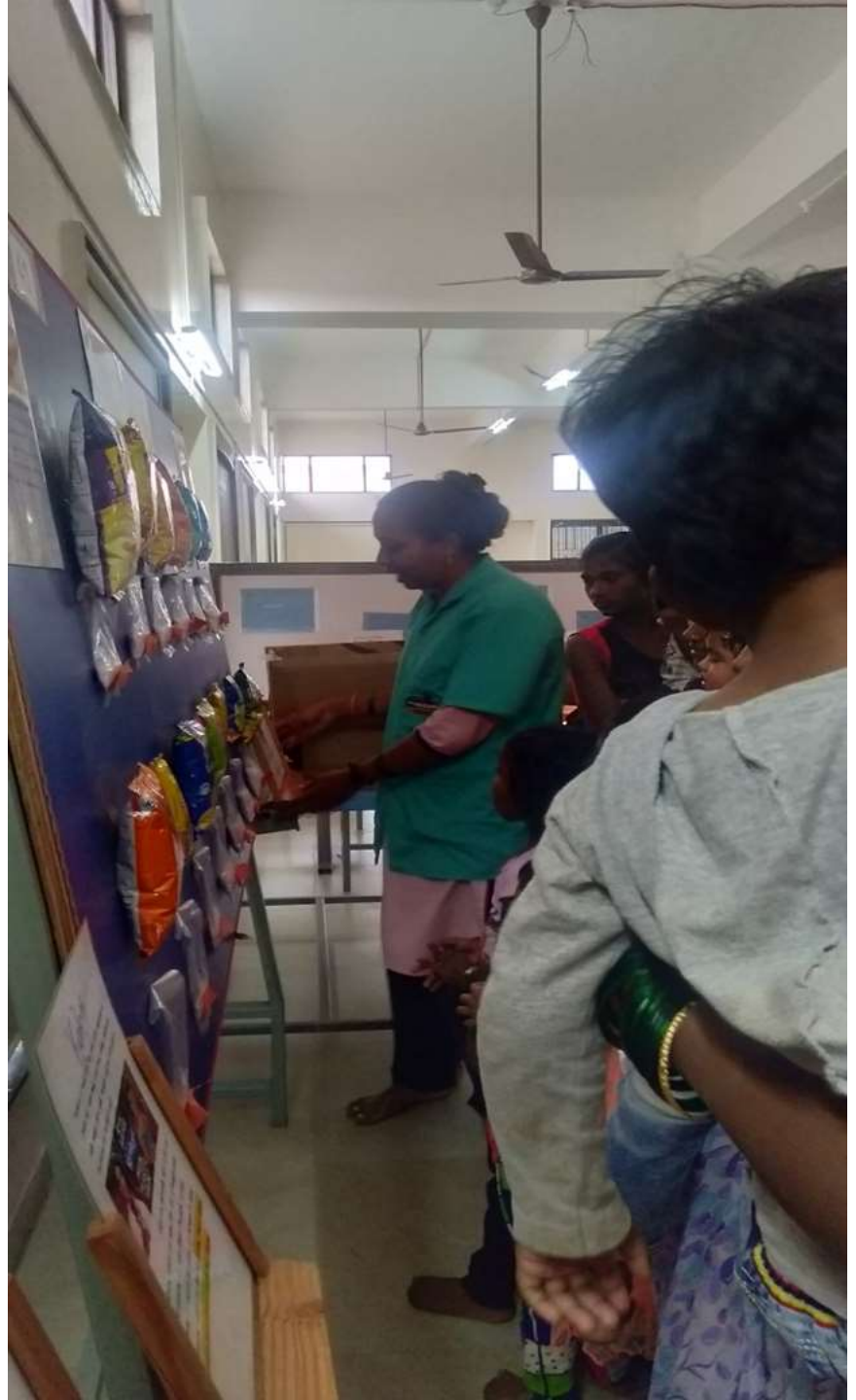




























































































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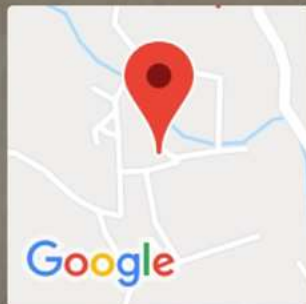


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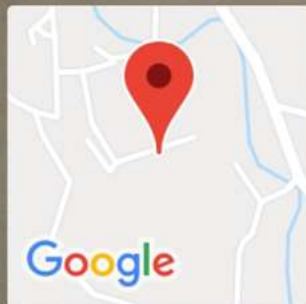


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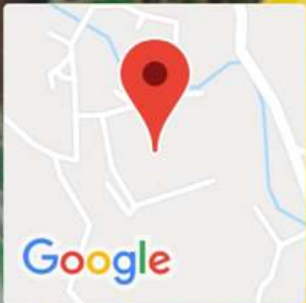
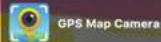
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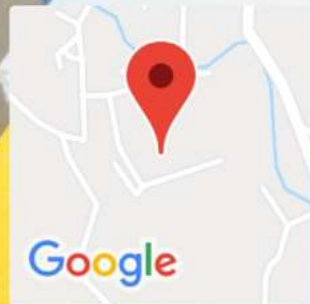
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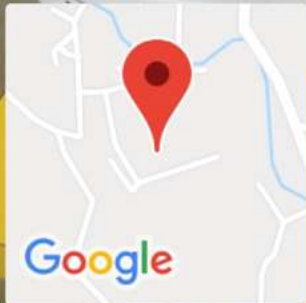


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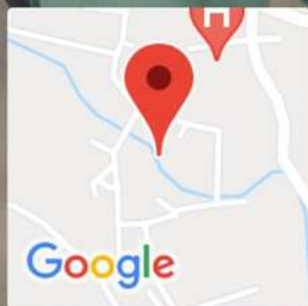
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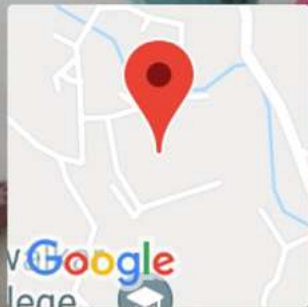
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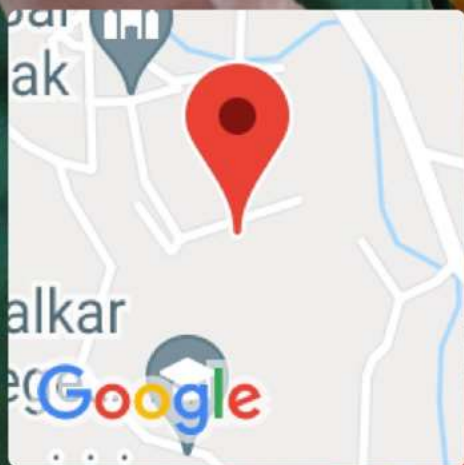
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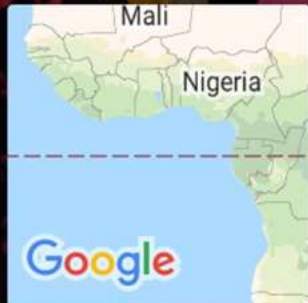




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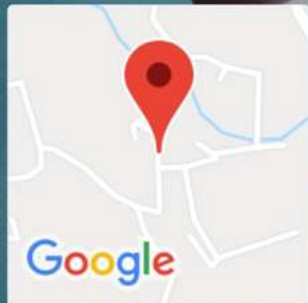
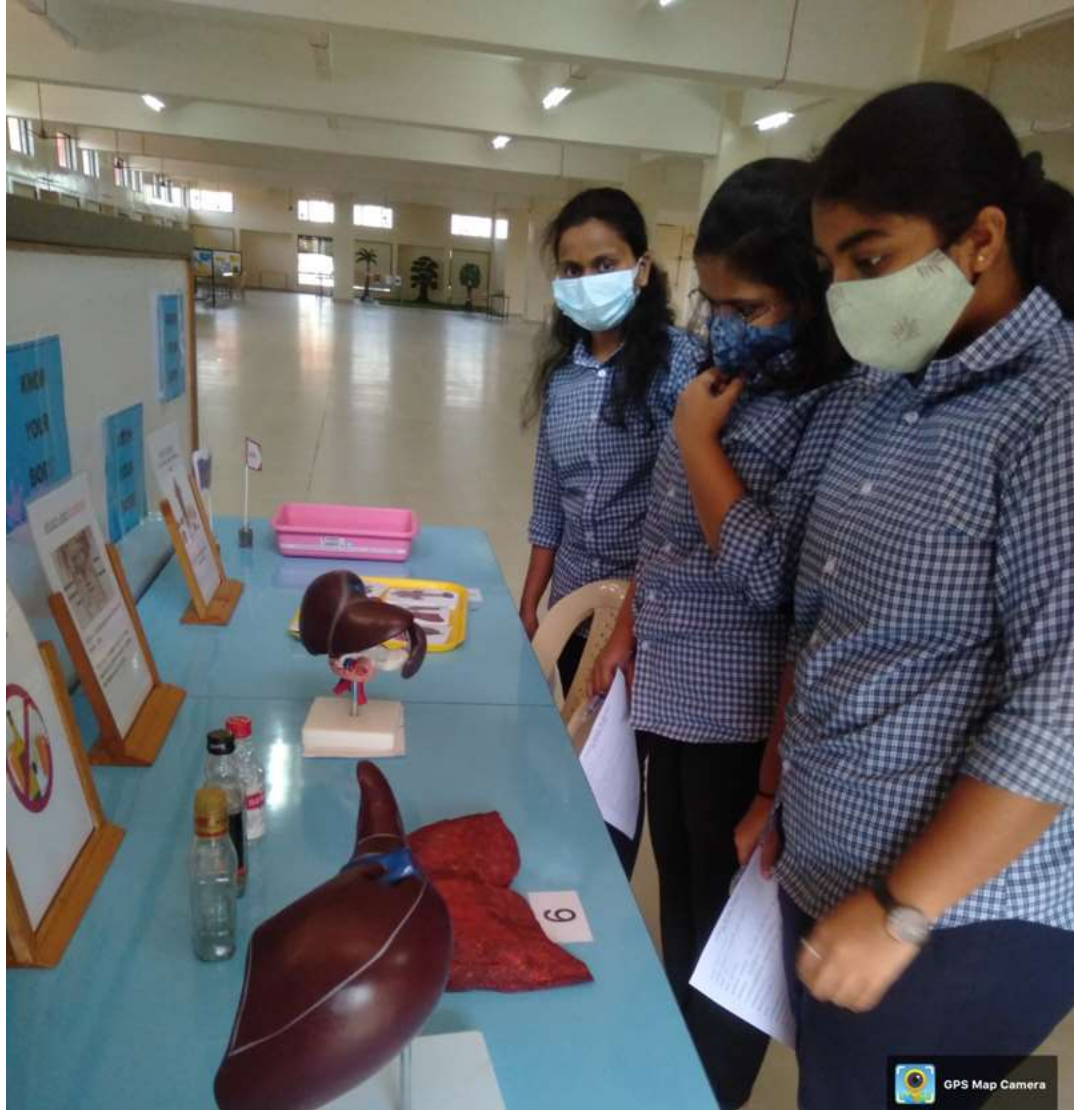
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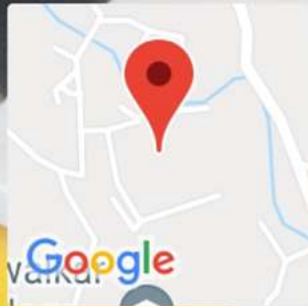




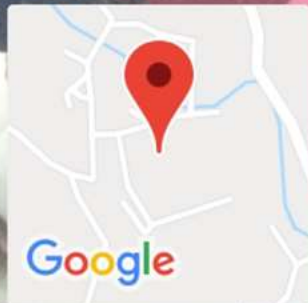








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**Sawarde, Maharashtra, India**

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**Ratnagiri, Maharashtra, India**

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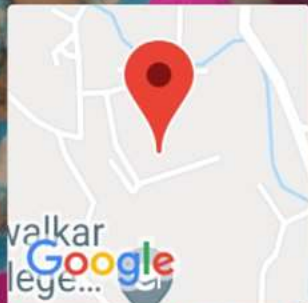
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9GWW+2Q7, Ratnagiri, Maharashtra 415606,  
India

Lat 17.395639°

Long 73.54761°

07/05/22 06:05 PM

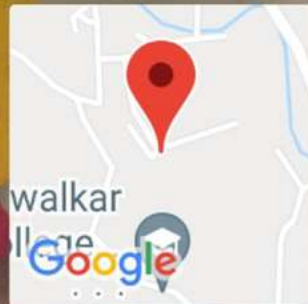
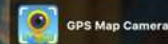


**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
Lat 17.395975°  
Long 73.54745°  
07/05/22 06:07 PM





**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
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Long 73.547239°  
07/05/22 02:59 PM



**Ratnagiri, Maharashtra, India**

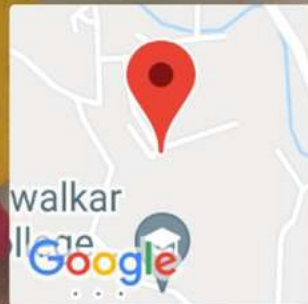
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India

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Long 73.547208°

07/05/22 03:01 PM





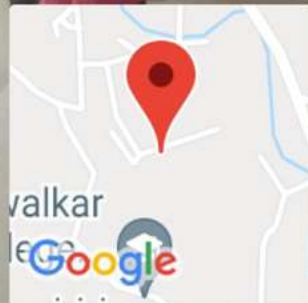
**Ratnagiri, Maharashtra, India**

9GWW+2Q7, Ratnagiri, Maharashtra 415606,  
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Long 73.547208°

07/05/22 03:01 PM



**Ratnagiri, Maharashtra, India**

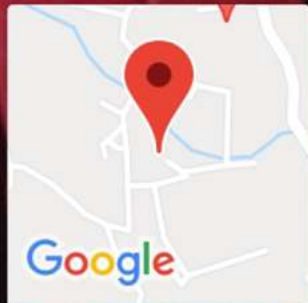
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India

Lat 17.395557°

Long 73.547491°

07/05/22 03:02 PM





**Sawarde, Maharashtra, India**  
9GXW+3JJ, Sawarde, Maharashtra 415606,  
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Long 73.546714°  
07/05/22 03:09 PM



GPS Map Camera

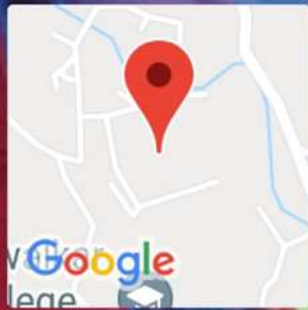


**Ratnagiri, Maharashtra, India**  
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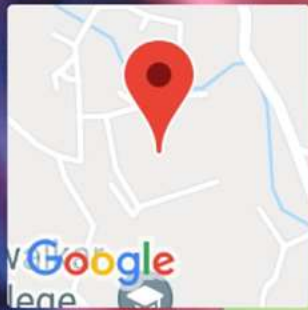




GPS Map Camera

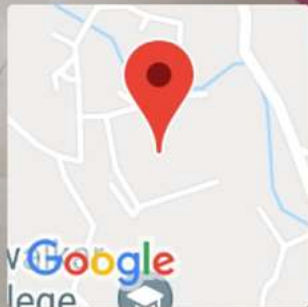


**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
Lat 17.396333°  
Long 73.54745°  
07/05/22 03:17 PM



**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
Lat 17.396333°  
Long 73.54745°  
07/05/22 03:17 PM





**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
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Long 73.54745°  
07/05/22 03:19 PM



**Sawarde, Maharashtra, India**

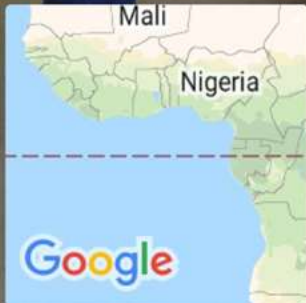
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India

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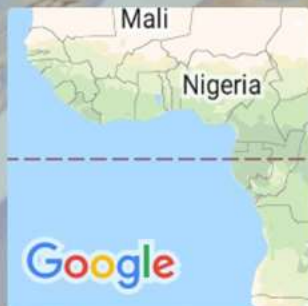
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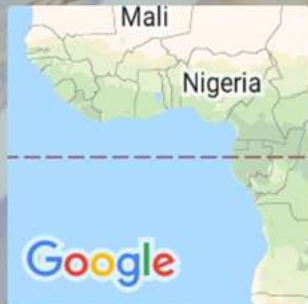
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9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
Lat 17.39633°  
Long 73.547449°  
15/05/22 11:40 AM



**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
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15/05/22 11:45 AM

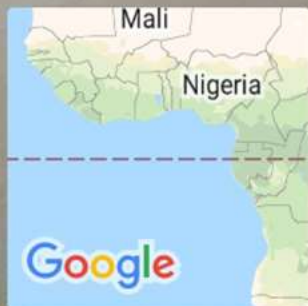






**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
Lat 17.39633°  
Long 73.547449°  
15/05/22 11:45 AM





**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
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Long 73.547449°  
15/05/22 11:51 AM

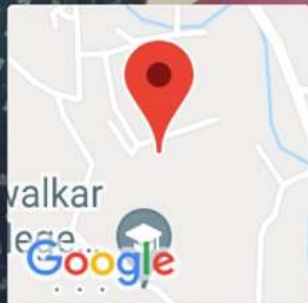




GPS Map Camera



**Ratnagiri, Maharashtra, India**  
**9GWW+2Q7, Ratnagiri, Maharashtra 415606, India**  
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**Long 73.547572°**  
**16/05/22 04:29 PM**



**Ratnagiri, Maharashtra, India**

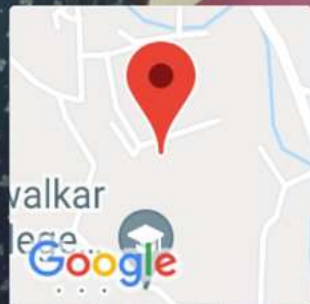
9GWW+2Q7, Ratnagiri, Maharashtra 415606,  
India

Lat 17.3954°

Long 73.547475°

16/05/22 04:32 PM





**Ratnagiri, Maharashtra, India**

9GWW+2Q7, Ratnagiri, Maharashtra 415606,  
India

Lat 17.3954°

Long 73.547475°

16/05/22 04:32 PM



GPS Map Camera

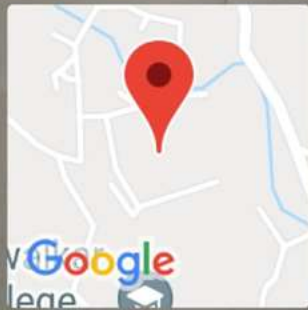


**Sawarde, Maharashtra, India**  
**9GWX+C2W, Sawarde, Maharashtra 415606, India**  
**Lat 17.396548°**  
**Long 73.547208°**  
**16/05/22 04:34 PM**





**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
Lat 17.39656°  
Long 73.547194°  
16/05/22 04:43 PM



**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
Lat 17.396333°  
Long 73.54745°  
16/05/22 04:58 PM





**Sawarde, Maharashtra, India**  
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India  
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Long 73.54745°  
17/05/22 01:00 PM

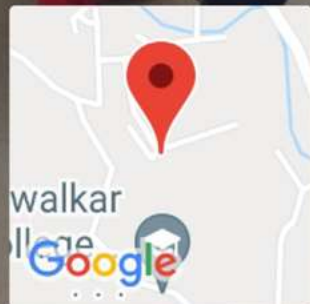


GPS Map Camera



**Ratnagiri, Maharashtra, India**  
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Long 73.547208°  
17/05/22 12:30 PM





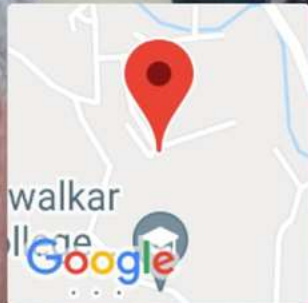
**Ratnagiri, Maharashtra, India**

9GWW+2Q7, Ratnagiri, Maharashtra 415606,  
India

Lat 17.395466°

Long 73.547208°

17/05/22 12:33 PM



**Ratnagiri, Maharashtra, India**

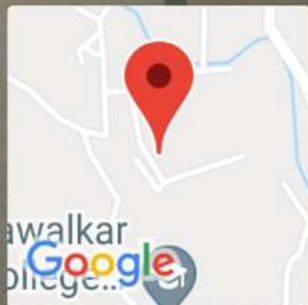
9GWW+2Q7, Ratnagiri, Maharashtra 415606,  
India

Lat 17.395466°

Long 73.547208°

17/05/22 12:38 PM





**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
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Long 73.547082°  
17/05/22 12:52 PM



GPS Map Camera

Sawarde, Maharashtra, India  
9GXW+3JJ, Sawarde, Maharashtra 415606, India  
Lat 17.397704°  
Long 73.546714°  
18/05/22 12:37 PM





GPS Map Camera

Sawarde, Maharashtra, India

9GXW+3JJ, Sawarde, Maharashtra 415606, India

Lat 17.397704°

Long 73.546714°

18/05/22 12:38 PM



GPS Map Camera

**Sawarde, Maharashtra, India**

**9GXW+3JJ, Sawarde, Maharashtra 415606, India**

**Lat 17.397704°**

**Long 73.546714°**

**18/05/22 12:32 PM**





GPS Map Camera

**Sawarde, Maharashtra, India**  
**9GXW+3JJ, Sawarde, Maharashtra 415606, India**  
**Lat 17.397704°**  
**Long 73.546714°**  
**18/05/22 12:43 PM**



GPS Map Camera

Sawarde, Maharashtra, India

9GXW+3JJ, Sawarde, Maharashtra 415606, India

Lat 17.397704°

Long 73.546714°

18/05/22 12:32 PM





GPS Map Camera

**Sawarde, Maharashtra, India**

**9GXW+3JJ, Sawarde, Maharashtra 415606, India**

**Lat 17.397704°**

**Long 73.546714°**

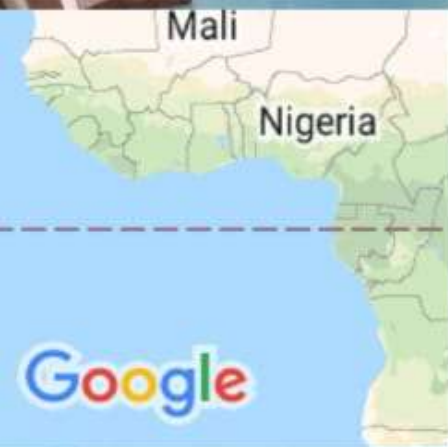
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GPS Map Camera



**Sawarde, Maharashtra, India**

**9GXW+3JJ, Sawarde, Maharashtra 415606, India**

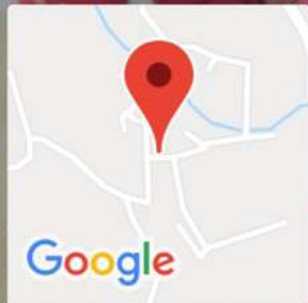
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**19/05/22 11:42 AM**



GPS Map Camera

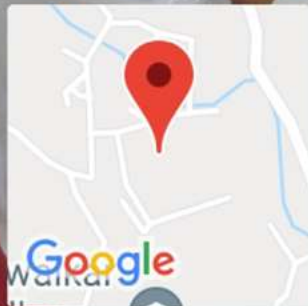


**Sawarde, Maharashtra, India**  
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22/05/22 01:03 PM

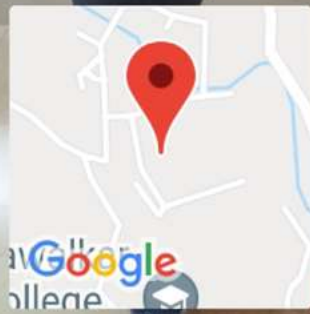




GPS Map Camera



**Sawarde, Maharashtra, India**  
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22/05/22 12:51 PM

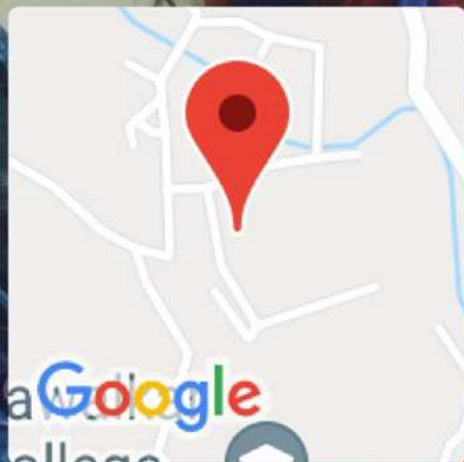


**Sawarde, Maharashtra, India**  
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22/05/22 12:55 PM

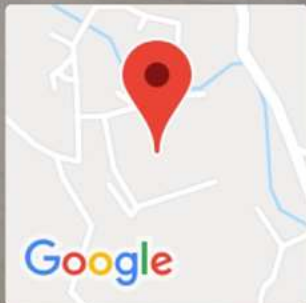
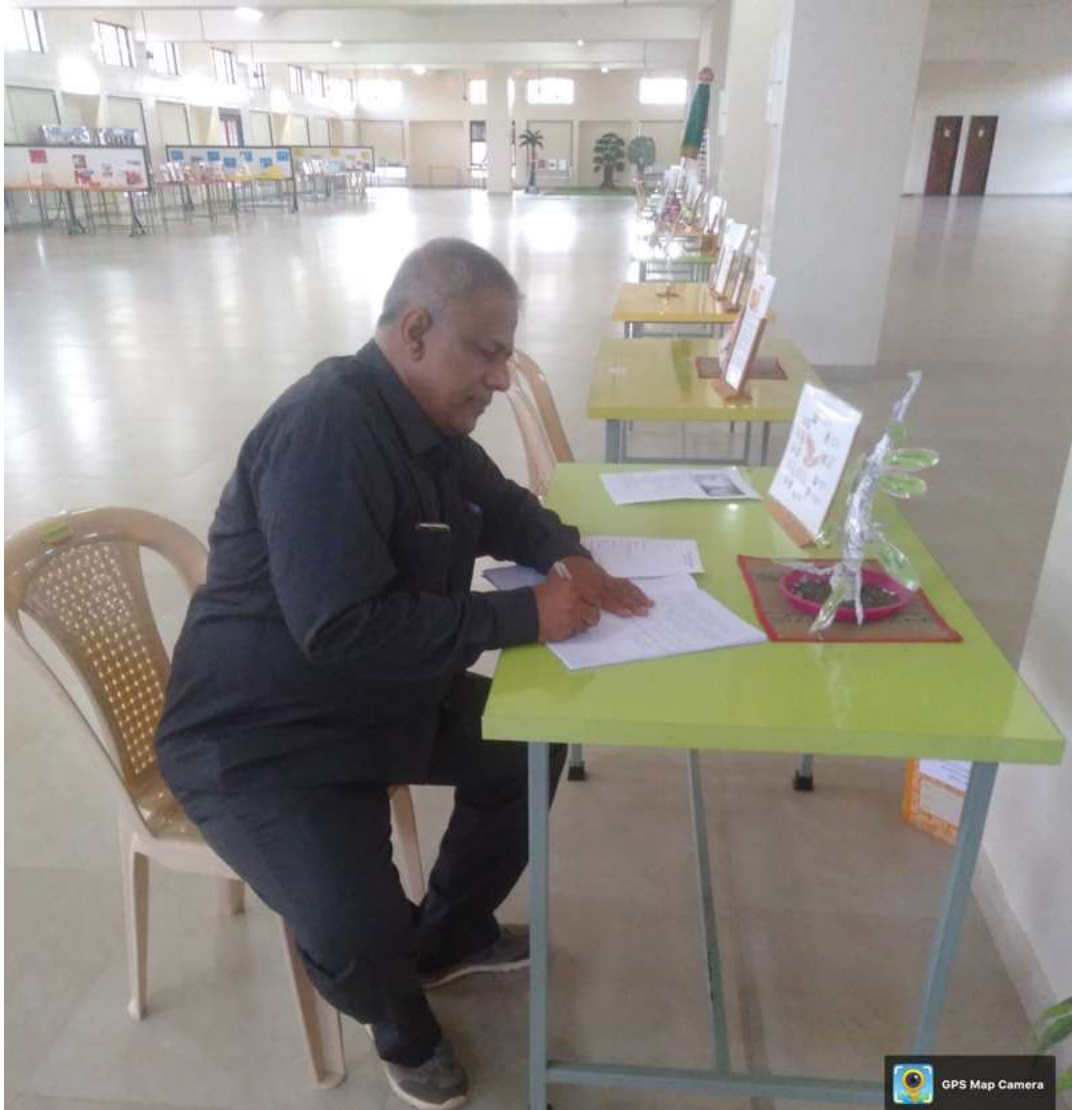




GPS Map Camera



**Sawarde, Maharashtra, India**  
**9GWX+C2W, Sawarde, Maharashtra 415606, India**  
**Lat 17.396442°**  
**Long 73.546943°**  
**22/05/22 12:58 PM**



**Sawarde, Maharashtra, India**

9GWX+C2W, Sawarde, Maharashtra 415606,  
India

Lat 17.396333°

Long 73.54745°

28/05/22 08:43 AM



उद्योग सुधारना रूपांतर-मनोरूपांतर उद्योग क्षेत्र  
असमर्थता प्रबोधन रूप धारण आदि  
मूलरूप आदि शिक्षा आदि संशोधन  
विनिर्माण महत्व पद्यन दिने पाठ आदि  
उद्योग आदि उद्योग उद्योग नये उद्योग रूप  
आदि उद्योग रूप नये आदि उद्योग उद्योग  
उद्योग आदि उद्योग उद्योग आदि, आदि उद्योग  
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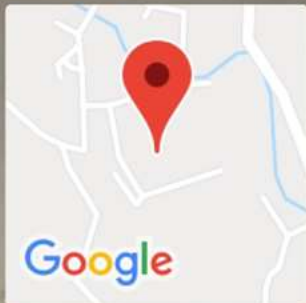


GPS Map Camera

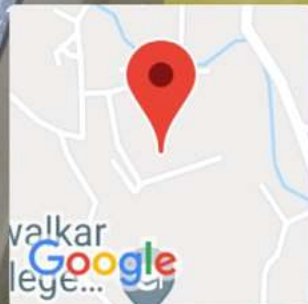
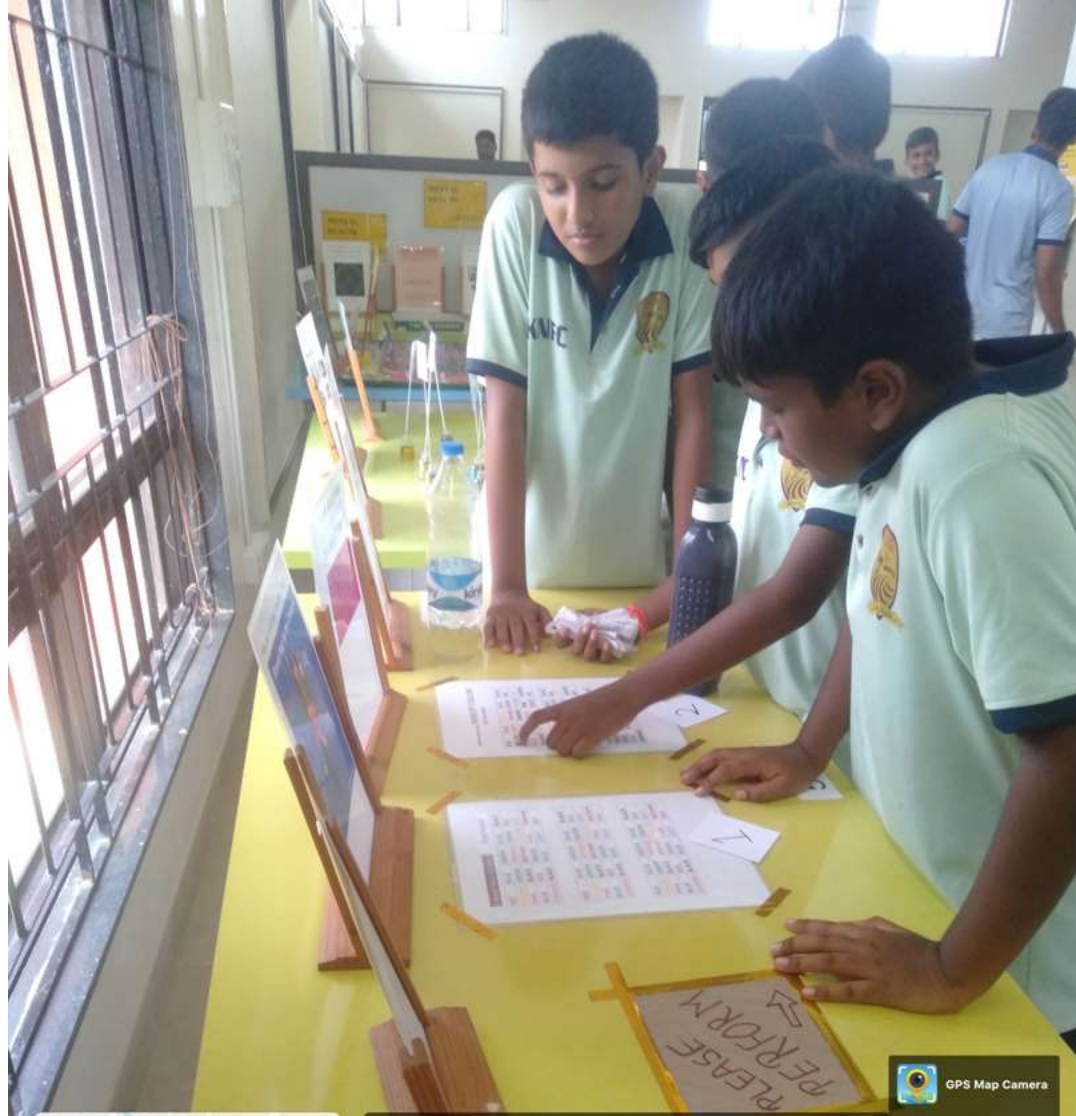


**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
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Long 73.547419°  
28/05/22 03:17 PM





**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
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28/05/22 03:23 PM



**Sawarde, Maharashtra, India**

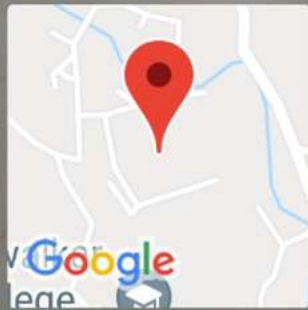
9GWX+C2W, Sawarde, Maharashtra 415606,  
India

Lat 17.395975°

Long 73.54745°

28/05/22 03:30 PM





**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
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28/05/22 03:34 PM



**Sawarde, Maharashtra, India**

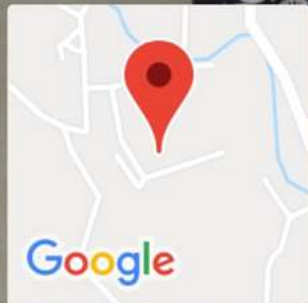
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India

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29/05/22 11:56 AM





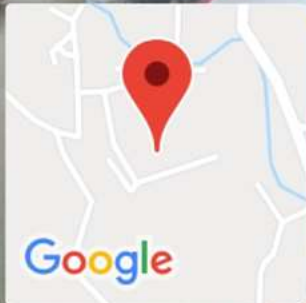
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9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
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29/05/22 11:58 AM



**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
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Long 73.547482°  
29/05/22 11:59 AM







**Sawarde, Maharashtra, India**  
9GWX+C2W, Sawarde, Maharashtra 415606,  
India  
Lat 17.395975°  
Long 73.54745°  
29/05/22 12:02 PM



Sawarde, Maharashtra, India  
Dervan Hospital, Sawarde, Maharashtra 415606, India  
Lat 17.39995°  
Long 73.54689°  
16/05/22 04:25 PM