



B. K. L Walawalkar Rural Medical College

WALAWALKAR YASHODA YOJANA

INTRODUCTION

Due to partial abandonment of education, inadequate facilities and inadequate financial status, the rate of infant mortality and child mortality is high in rural areas of Konkan. The Walawalkar Yashoda Yojana was started with the concern of this. In this scheme we visit villages to check and treat more and more pregnant women. From this we realized that it was very important to allay their fears about the hospital. And so we started implementing various cultural activities with the aim of strengthening the bond of a relationship between the patient and the hospital, and for the patient to receive full treatment. Such as mother-in-law workshops, baby shower, mangala gauri pooja etc.

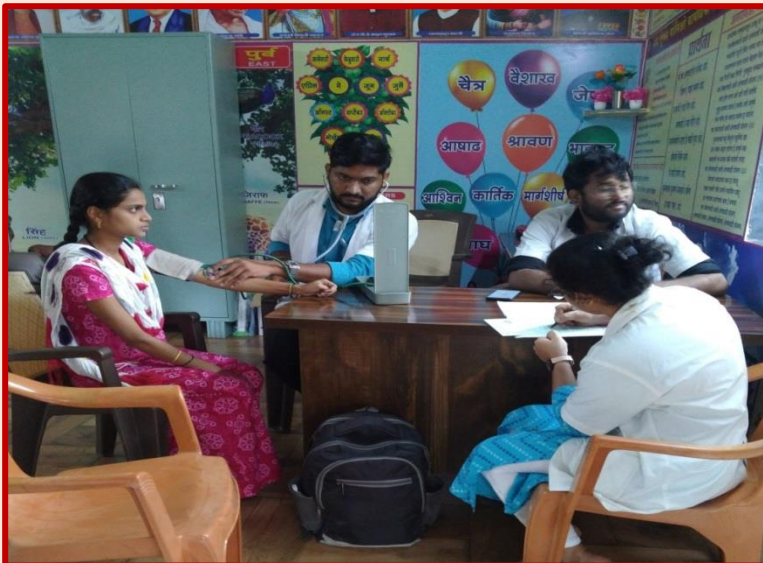
Get-together for 'in laws' & 'baby shower' ceremony

The two important pillars that carry the burden of the house on ones shoulders are the mother-in-law and daughter-in-law of each house; and it is very important that these two pillars have a very close relationship with each other. Every daughter-in-law struggles to keep up with the expectations from the mother-in-law and that is why every daughter-in-law in the house is constantly trying to keep her mother-in-law happy; due to these efforts, she is under constant stress; and the biggest stress is giving birth to a male child (grandson). With this in mind, the hospital organizes various cultural activities to reduce the tension between mother-in-law and daughter-in-law and strengthen the bond between their relationships. In all these programs, the doctors explains all the scientific reasons behind the birth of a boy or a girl and how it's not dependent only on women, and also how to take care of a newly born baby irrespective of their gender in a very simple language. These are attempts hoping that it will result in welcoming any baby (even if it's a girl) with joy & happiness, which is exactly the objective of this program. Giving birth to a child is by far the most blissful moment in every woman's life.

But, a very young age, lack of knowledge, lack of awareness about pregnancy, fear of delivery (especially the possibility of giving birth to a baby girl) causes the expectant rural mothers to be anxious and under pressure all the time. Hence to release this pressure hospital arranges Baby shower ceremonies for the local expectant mothers, so they feel special and cared for. This helps them to be in positive and pleasant state-of-mind, which will boost their confidence and thus it leads to a stress-free delivery. It is also an opportunity for the hospital to build a life-long bond & gain the trust of these local women.



Year	PHC/ Sub centers	Attendee	Program Dohale Jevan / Mangala Gauri	Attendee	Faculty	Intern/ Medical Students
2022	115	1257	11	200	-	191
2021	70	817	2	44	24	29
2020	40	631	2	31	27	4
2019	113	2151	11	268	103	-
2018	89	2188	5	89	167	-
2017	104	1728	9	144	84	-
2016	78	1357	13	277	58	-
Total	609	10129	53	1053	463	44



Outside Camp Free health checkup for pregnant women's at KALVANDE ANC HOME VISIT
DR. SANTOSH DEUKATTE & DR. BHUSHAN BADGE



Out Side camp VAHAL PHC ANC & DOHALE JEVAN & Free physical examination and basic treatment
DR.HIMANSHU PAWAR & DR.PANKAJ PATTANSHETTI

Dohale Jevan / Baby Shower



Health Checkup



Baby kits & Blankets Distribution



Maher Yojana



Naming Ceremony



Mangala Guri



METHODOLOGY

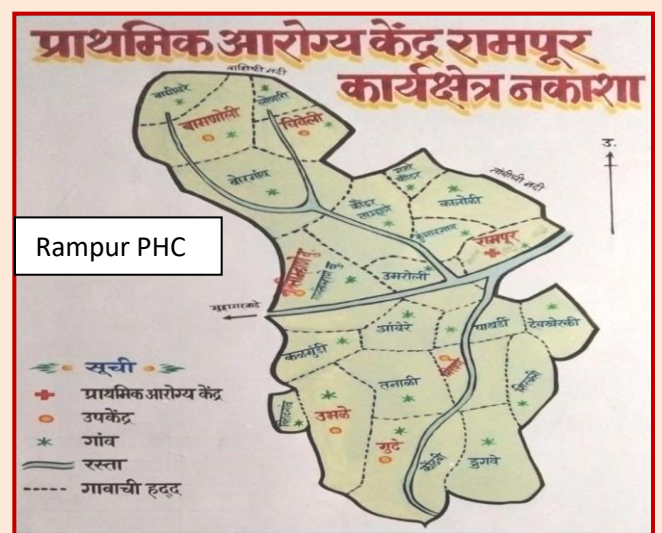
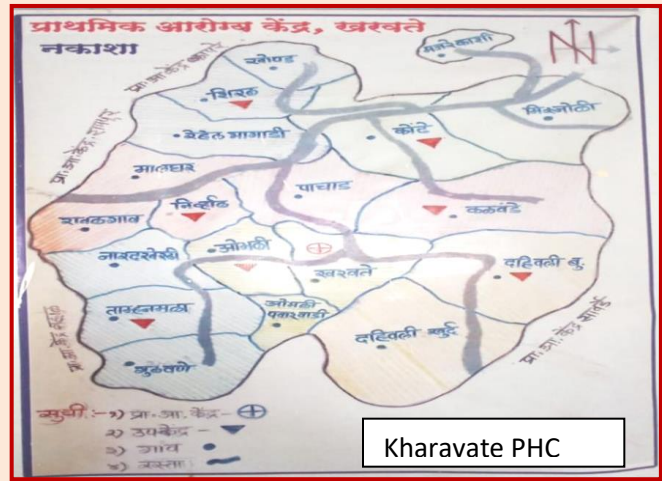
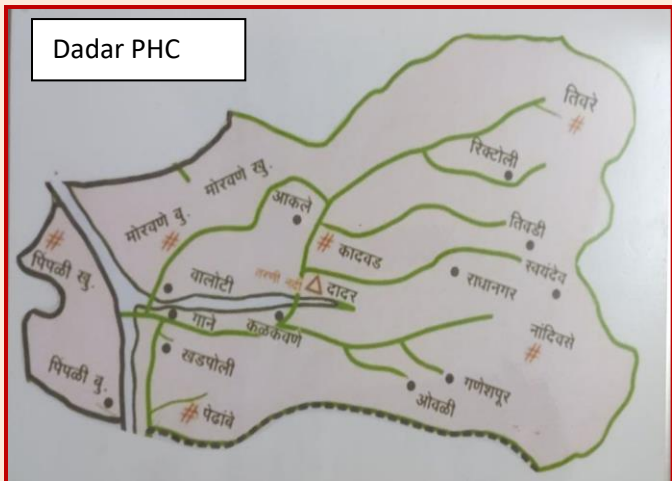
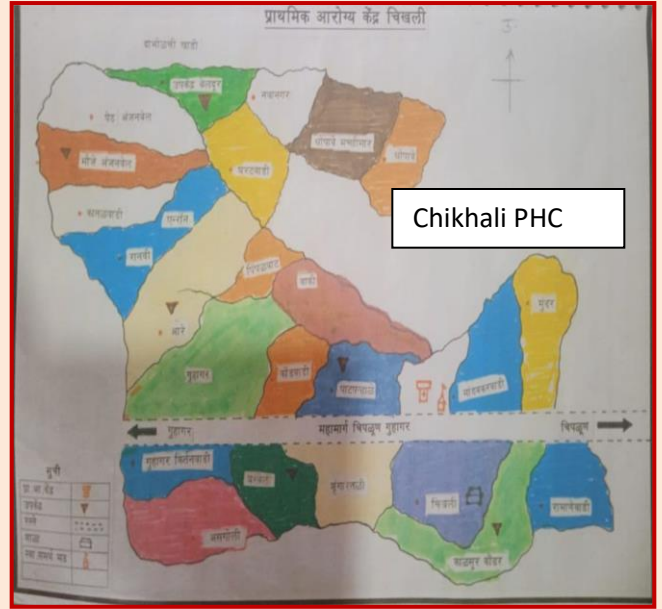
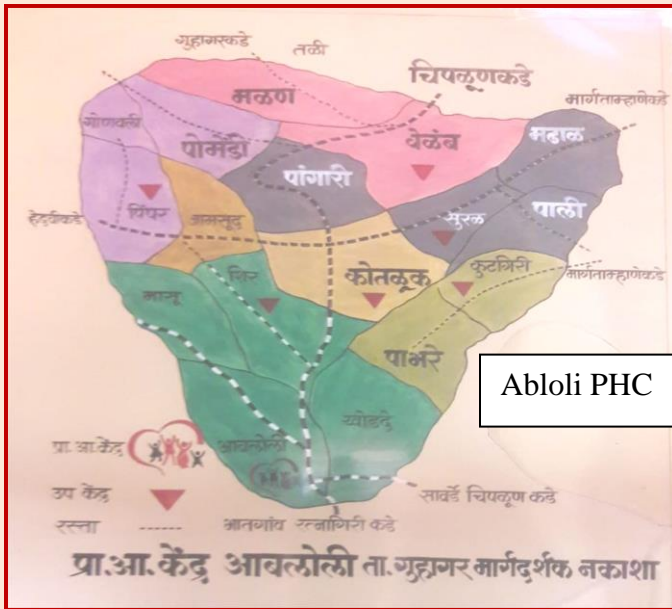
PHC/ SUBCENTRE OR VILLAGE VISIT

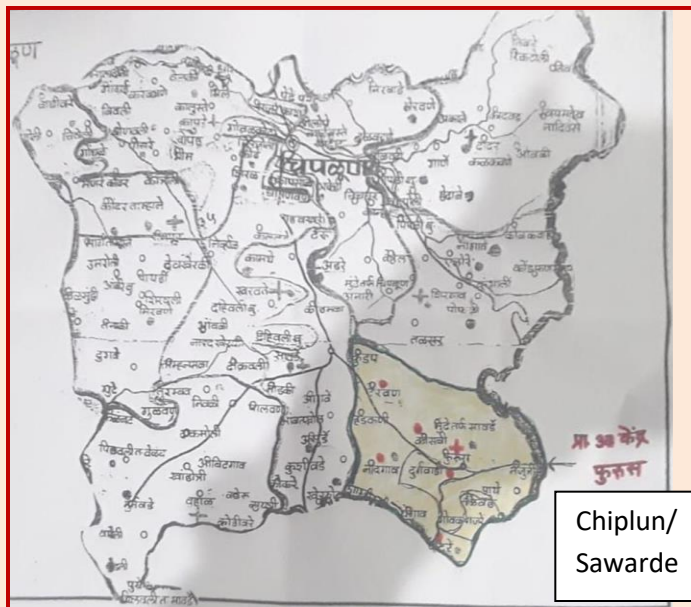
Sr no	Activities
1	Visit to Primary Health Centre or Sub-Centre with the team of doctors, interns and sisters
2	Registration of all the pregnant mothers
3	Checkup of blood pressure, height, weight and urine albumin by sisters
4	Checkup of each mother by doctor and intern (high risk assessment, fetal heart rate)
5	Patient and family counseling by doctor and other staff related further investigation and awareness session about hygiene and precautions in pregnancy.
6	Distribution of nutritious laddoo
7	Follow up home visits and distribution of laddoo at home.

Sasu Sun Melawa/ Dohale Jevan/ Mangala Gauri Puja

Sr.no	Activity
1.	Health check-up like ultra-sonography of all the pregnant women as well as physical examination by gynecologist.
2.	Lamp lightening of the program
3.	Awareness session on high risk care, and hygiene management by gynecologist.
4.	Awareness session about how to improve or to work on psychological health in prenatal, perinatal and postnatal period.
5.	Awareness session by dietitian about healthy eating habits and how to maintain consistency in it.
6.	Pooja ceremony or baby shower ceremony.
7.	Lunch
8.	Discussion about follow-up visits or doubt clearing session

Area covered





Chiplun/
Sawarde

