

Capability Enhancement and Development Schemes

Capacity enhancement and skill development schemes are designed to sharpen the students and improve their skills to retain their knowledge. This will help the students do their jobs competently. Details are as follows

Capability enhancement and development schemes:

1. Soft skills development
2. Language and communication skills development
3. Yoga and wellness
4. Analytical skill development
5. Human value development
6. Personality and professional development
7. Employability skills development



Objectives:

1. Soft Skill Development

1. To inculcate the leadership qualities amongst the students.
2. To imbibe team-building skills.
3. To develop a good perspective towards building a positive pattern and good behaviour.

2. Language and Communication Skill Development

1. To understand the methods, they use their energy levels to study effectively.
2. To help them learn the regional language.
3. To help them learn how to manage themselves better

3. Yoga and Wellness

1. To enable students to have good health.
2. To help them improve concentration and memory to perform better in examination
3. To make them practice mental hygiene and calmness

4. Human Value Development

1. To incorporate moral values that ought to guide the profession
2. To create awareness, conviction & commitment to values for improving the quality of life
3. To imbibe positive thinking ability

5. Analytical Skill Development

1. To help them learn analytical skills for interpreting data
2. To make them understand and develop critical thinking skills
3. To help them learn the application of analytical skills in clinical practice

6. Personality and Professional Skill Development

1. To create awareness amongst students on how to Improve work-life balance
2. Build and Improve Professional Relationships
3. To inspire and help them define their personal pathway to career success.

7. Employability Skill Development

1. To learn social skills and attitude to work together with others
2. To create empowered high force work power in a competitive world
3. To develop high order thinking skills

CAPACITY ENHANCEMENT PROGRAMS AND OTHER DEVELOPMENT SKILLS

Soft Skills Development

The objective of this program is to practice active listening skills and responding skills for effective communication and describe different leadership styles to accomplish organizational goals.

Language and Communication skill development

The objective of this program is to teach the students how to acquire communications skills and its importance. Workshops are arranged to enhance communication skills in them.

Following topics are selected for teaching.

1. Elements of basic communication skills
2. Importance of good communication in medicine
3. Verbal and non-verbal communication
4. Students from first MBBS are primarily enrolled for this workshop.



Yoga and wellness

Undergraduate students are trained on yoga by yoga expert. Two days Yoga course is conducted by the expert faculty who is specialised in Yoga. Yoga day is celebrated with great enthusiasm every year which includes demonstration of yoga by faculty and students perform yogasan under the guidance of yoga teacher. Participants are awarded with a certificate after completing this course. The Sanskrit meaning of Yog is Yuj meaning unite which means union of body and mind. When a particular person is doing a task his physical body will perform it but mentally also he should be engrossed in doing the same act. To practice this daily college I started with chanting of Prarthana followed by Meditation. This is how students are encouraged to practice it on daily basis and adopt it as a life style.



Analytical skill development

To develop scientific approach towards problem solving various workshops such as research methodology, data analysis, synopsis writing are organised. This shapes a strong foundation of research at the undergraduate and post graduate levels. Debates are also arranged to brainstorm new ideas and to improve decision making. Certificate course in Quantitative Methods in health research is conducted by department of community medicine periodically to



enhance the analytical skills of the students.



Human value development

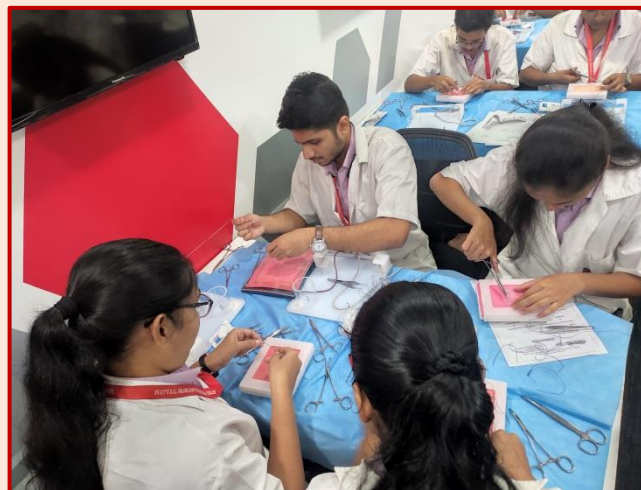
To comply with the new CBME syllabus, ATCOM (Attitude, Ethics, and Communication) is introduced in the curriculum by the college. Workshop's and talks are arranged on Gender equality, Organ donation, Human values, environmental sustainability, health determinants.



Personality and professional development

To enhance professional skills hands on training program on basic surgical suturing skills, basic life support are organised for all medical students. Prescription writing is incorporated in the curriculum of pharmacology .Medico legal cell organises sessions on how to describe injuries, write a death certificate.

For personality and professional development every year institute organise the Internship orientation program for Interns which enlightens them on professional development.



Employability skill development

College organises Basic Life Support and Introduction to ACLS and, Basic Cardiac Life Support Workshop, Basic Surgical Skill Workshop, Certificate course in Environmental health and hygiene, Certificate course in biomedical Waste management which increase their future opportunity for employment in profession. This helps in creating the students competent in managing emergencies and critical situations.



Enrolment form

Capacity Enhancement and Skill Development Scheme

Name of the Student: _____

Name of Department: _____

Year Semester: _____

Schemes: _____

- ☐ Soft skill language and communication skill development scheme
- ☐ Yoga wellness and human values development scheme
- ☐ Analytical skill development personality and professional development and employability skill development scheme