#### **EVENTS IN SEPTEMBER 2023**

#### Celebration of Teachers day at B. K. L. Walawalkar Rural Medical College



Teacher's Day was celebrated at B. K. L. Walawalkar Rural Medical College. On the occasion of Teacher's Day, the professors presented many guiding points for the students. The presentation gave guidance on what qualities should be acquired to be a good teacher and a good student as well as a good doctor. Dr. Sunita Patil spoke about the important role of teachers in creating intelligent citizens for the country, the qualities of a good teacher, the evolution in the field of medical education and the use of new technology for it and the future education sector. On the occasion of this day, professors were honored under the category of 'Best Teacher' by Indumati Multipurpose Foundation, Kolhapur. Dr. Suryakant Ingle - Pediatrician, Dr. Avinash Waghmode Forensic Medicine, Dr. Sunita Patil Medicine -Science, Dr. Prashant Mulya – Anatomy were presented with a memento, certificate and bouquet. Also Dr. Avinash Borkar, Dr. Yogendra Shelke, Dr. Jayashree Jankar were felicitated as recipient of the Outstanding Researcher Award. The best clinician was awarded to Dr. Sangram Dabholkar and Dr. Anil Kurane.

# 'Not Breastfeeding - Amritpaan' week celebrated by Walawalkar College



'World Breastfeeding Week' is celebrated every year in the first week of August. This week-long event is very important for both mother and child. The main objective of the program is to create awareness throughout the world about the importance of breastfeeding for the baby and the mother. Regular breastfeeding increases the baby's weight and also protects the child from many diseases like bacterial infection, adult-onset cancer, diabetes, etc. The mother's milk is also to digest for the babies. This event

was organized by the community medicine HOD Dr. Gajanan Velhal and Dr. Ravikiran Kamthe - Associate Professor. The students, nurses received a great response for this activity. Department of Pediatrics Dr. Anil Kurane, Dr. Shivaji Patil, Dr. Avinash Luke, Dr. Vani and PG resident Dr. Pracheta Gupta and other staff enthusiastically participated in World Breastfeeding Week and provided valuable guidance to mothers.





### **National Nutrition Week'2023**



National Nutrition Week was observed on 01st September'2023. Dietician Dr. Ulka Banavali ,Dr. Veena Yardi and Dr. Sharwari Kalantre nutritionist from Mumbai were present to guide this program. On the first day, a workshop on anthropometric measurements was conducted for nursing staff, cohort staff of Walawalkar Hospital. It provided guidance for measuring weight, height, head and trunk circumference, waist circumference and skin folds. On the second day, the same topic was explained through demonstrations. About 40 nurses from different departments of the hospital participated in this workshop. At the same time, a three-day residential workshop was conducted for teenage girls from the surrounding areas. In this, the girls were guided in depth about nutritious food, regular exercise and personality development. Also, guidance was given on topics such as yoga and 'Mangla Gauri', balanced diet, cooking etc.



**Pediatric Quiz Competition for Medical Students** 



On September 10, 2023, HOD Dr. Suryakant Ingle, Dr. Anil Kurane, Dr. Sahasrabuddhe, Dr. Avinash Lukde, Dr. quiz was organized under the guidance of Shivaji Patil and other colleagues. Among them

students of Valawalkar Rural Medical College Participated and gave a spontaneous response. The winning students Ashuto Lakde, Shripad Morevar and Ashwini Varpe were felicitated with certificates and all other contestants were awarded with certificates of participation.

# Conclusion of "Endoscopic Spine Surgery Workshop"



The workshop on Spinal Decompression Disc Removal was conducted under the guidance of renowned Spine Surgeon Dr. Satishchandra Gore. Along with lectures, the workshop also focused on actual surgery and cadaveric endoscopy to enhance the skills of the surgeon. Spine surgeons and neurosurgeons from all corners of India like Ahmedabad, Delhi, Chennai, Kerala made their presence in the workshop to imbibe this innovative technology. In this week-long workshop mainly, efforts were made to enhance the skills of the participating doctors by coordinating the three departments of anatomy, radiology and orthopedics. Well-known osteopath and endoscopic spine surgeon Dr. Satishchandra Gore played the major role. At the same time Dr. Netaji Patil - Radiologist, Dr. Sunil Nadkarni - Spine Surgeon, Dr. Omkar Sudame - Spine Surgeon, Dr. Prashant Moolya, professor (Anatomy) observed the workshop. Aspiring interns as well as doctors also actively participated.



### Availability of Neurologist in Walawalkar Hospital



Many diseases such as paralysis, hemiplegia, defects in brain and blood vessels, clots, bleeding, diabetes, parkinsonism will now be treated by expert doctors at Walawalkar Hospital. Not only this, if the patient is admitted to the hospital within two hours of the onset of symptoms of paralysis, paralysis can be completely prevented by giving special injections. Apart from this, the blood vessel obstruction in the brain can also be removed by 'angiography' and 'embolectomy' for this special treatment well-known neurologist Dr. Sagar Oak and Dr. Manish Salunkhe from "Nanavati Max Super-specialty Hospital" in Mumbai, visited the hospital and examined 30 patients. The patients will be benefitted with the presence and examination of these renowned doctors. Dr. Sagar Oak is looking forward to visit the hospital on monthly basis for the treatment of patients.