

## Department of Integrative Medicine

Integrative Medicine department is established to promote integration of Modern medicine with homeopathy and Indian systems of medicine including Ayurveda. In many cases, as evidence of safety and effectiveness grows, these therapies are being combined with conventional medicine. Thus, the term "alternative" has been dropped from the name. These therapies are now called complementary and integrative medicine, integrative medicine and health, or simply integrative medicine. Integrative medicine combines the well-researched conventional medicine with the most well-researched, evidence-based complementary therapies to achieve the appropriate care for each person

### Objectives:

- To explore the possibilities of promoting Ayurveda And Homeopathy with conventional medicine.
- To disseminate the Knowledge of Ayurveda.
- To explore the scientific evidences in the field of homeopathy and Ayurveda.
- To serve the community / society with Ayurveda.

### Program :

Specialty	Name	OPD
<b>Ayurveda</b>	<ul style="list-style-type: none"> <li>• <b>Dr. Prashant Suru</b> B.A.M.S M.D</li> <li>• <b>Dr. Mandar Akkalkotkar</b> B.A.M.S M.D</li> <li>• <b>Dr. Omkar Shahpurkar</b> B.A.M.S M.D</li> </ul>	<ul style="list-style-type: none"> <li>• Third Wednesday of every month</li> <li>• Third Wednesday of every month</li> <li>• Monthly One's</li> </ul>
<b>Homeopathy</b>	<ul style="list-style-type: none"> <li>• <b>Dr. Sujata Naik</b> MD - Homeopathy, BHMS</li> <li>• <b>Dr. Anagha Sant</b> MD - Homeopathy, BHMS</li> </ul>	<ul style="list-style-type: none"> <li>• Third Saturday of every month</li> <li>• Monthly One's</li> </ul>

## **Dr. Vaidya Prashant Suru**

M.D. (Ayurved); FIIM

Ayurved consultant,

Specialization- Panchbhautik chikitsa Practiced also in Mauritius, EU, USA, UAE & Kenya

Teaching:-Hon. Professor – Tilak Maharashtra deemed university, Ayurved department. Pune.

Teaching 33 years, in India and abroad

\*Hon. visiting professor\*,

Ayurved Institute of America, CA, USA,

Kerala ayurveda academy, Kerala, international academy of ayurveda and various institutes

Awards\* Maha ayurved bhushan2019 by goi, ayush ministry Ayurved bhushan (pride of ayurved), european ayurved academy, italy Ayurved bhushan by sandu bros

Panchbhautic ratna by vaidyaraj datar panchbhautic chikitsa kendra, sangali, 2019



## **Dr. Omkar Shahpurkar**

AyurvedaBAMS,

MD - Ayurveda Medicine

With over 15 years of experience as an Ayurveda Practitioner, Dr. Omkar Shahapurkar is a reliable name based in Tilak road, Pune. He specializes in Allergy-related problems, Obesity, Cosmetology, Infertility related disorder, diabetology and sexology among others and aims to ensure total relief to the concerned patient. Dr. Omkar is presently associated with Siddhi Clinic in Tilak road, Pune. Dr. Omkar received his Bachelor of Ayurveda, Medicine and Surgery(BAMS) from Maharashtra University of Health Sciences, Nashik in 2003 and his MD from IIAMR in 2006. A reputed name in the field of Ayurveda, Dr. Omkar is a professional member of NIMA and MCIM. In his 13 years of experience as an Ayurveda practitioner, Dr. Omkar has worked in many reputed institutions all over the country like Podar Hospital, Mumbai (Senior Physician), Tarachand Hospital, Pune (Sr. Physician) where he served a large number of patients with a happy and satisfying experience by implementing Ayurvedic treatments. In his ayurvedic clinic, you can cure a lot of problems implementing Ayurvedic Procedures which includes Obesity, sinuses, Adenoids, asthma, Infertility, Antiageing problems, Allergy, Dengue, Head and neck pain among others



### **Dr. Anagha D Sant**

MD - Homeopathy, BHMS  
AYUSH  
Homoeopath  
14 Years' Experience Overall



Dr. Anagha D Sant is a Homoeopath in Kothrud, Pune and has an experience of 14 years in this field. Dr. Anagha D Sant practices at Dr Batra's Positive Health Clinic Pvt Ltd in Kothrud, Pune. She completed MD - Homeopathy from Maharashtra University of Health Sciences, Nashik in 2009 and BHMS from Sonaji Rao Kshirsagar Homoeopathy Medical College. Beed in 1995.

She is a member of Maharashtra Medical Council. Some of the services provided by the doctor are: Breast Examination, Androgenetic Alopecia treatment, Venous Ulcer Treatment, Filariasis Treatment and De-Addiction Counselling etc

### **Dr. Sujata Naik**

Dr Sujata Naik, MD, has been practising homeopathy for over three decades across Mumbai, India and worldwide. Her huge patient database cuts across gender, age, class and community. Known for her keen diagnostic skills and deep knowledge of homeopathy, she believes in integrating healthcare through a patient-centric approach. Winner of several accolades, certificates and awards for her work in



homeopathy, Dr Sujata is also a very popular writer and orator. She is invited regularly on talk shows, television discussions, webinars and global conferences to share her experiences and work in homeopathy and healthcare. Her two published books on health tips, The Wellness Shots and The Wellness Capsules have been very popular and featured in the bestseller category of the non-fiction books' segment. .

Dr. Sujata Naik's Homeopathy Clinic has been successfully treating patients for more than three decades now. Dr. Sujata's deep knowledge of homeopathy, empathetic approach towards patients and diagnostic skills have helped build a loyal patient base. People from all walks of life and all age groups are regular patients at Dr. Sujata Naik's Homeopathy Clinic. Counseling about lifestyle management, diet and health awareness is an integral part of the

treatment process. A facility for online consultation and home delivery of medicines is also available, if required. Our aim at Dr. Sujata Naik's Homeopathy Clinic is every patient is important & no symptom is too trivial



## Activities

Under the guidance of Dr. Anagha Sant (Dermatologist) and Dervan Cohort Team, a workshop on making natural cosmetics using seeds (eg. Amla, Kokum, Kadulimb, etc.) was conducted at Dervan Hospital on 11<sup>th</sup> June 2022.



## Lecture



On 21st June 2023 on the occasion of Yoga Day, under the guidance of Dr. Amar Barwade, Yoga Day was celebrated with enthusiasm in the medical college. Yoga asanas were demonstrated in the spacious sports complex after sunrise in the morning and the students also performed Yoga. A course was conducted to impart the advantages of Yoga and Wellness and to convince the students about the importance of Yogasana. This course was organized by Mrs. Radhika Rane, a teacher of Yoga Vyasa from Mumbai, who was the chief guest. In this program, medical students were guided on how to lead a healthy life by taking care of their health while becoming a doctor.



## **Research ecosystem for Ayurvedic medicines**

Title of Project: - A pilot study to evaluate the efficacy of saline extract of jackfruit seeds (JaSE) for the treatment of rhinitis and nasal congestion related ailment.