

**Shri. Vitthalrao Joshi Charities Trust's  
B. K. L. Walawalkar Rural Medical College & Hospital  
Shree Shetra Dervan Vartaptra  
October, 2024- (12<sup>th</sup> year – 10<sup>th</sup> publication)**

**Scientific Advisory Committee meeting at B. K. L. Walawalkar Rural Medical College, under  
the chairmanship of Nuclear Scientist, Padma Vibhushan Shri. Dr. Anil Kakodkar**



On September 28, the 18<sup>th</sup> meeting of the Scientific Advisory Committee took place at B. K. L. Walawalkar Rural Medical College in Dervan. The meeting was chaired by Shri Dr. Anil Kakodkar. This committee is responsible for discussing and providing guidance on the research conducted by the medical faculty and students, with the aim of addressing the challenges faced by rural communities. Among the notable attendees at this meeting were Dr. Shripad Banavali, the Academic Director of Tata Memorial Center, Dr. Rita Mulherkar, Dr. Jayant Bantbia, the former Chief Secretary of Maharashtra State, and Dr. Arvind Natu, who participated remotely. In addition to this, representatives from the Tata Institute of Fundamental Research, including Prof. Dr. Mahendra Sonawane, Dr. Birsan, and Dr. Talveen Kaur from the Hyderabad Branch, attended the meeting. They provided an overview of the various research initiatives being undertaken in partnership with Tata Institute of Fundamental Research and Walawalkar College. The postgraduate students from the Department of Medicine (M.D.) conducted a concise presentation of their projects before the committee. Dr. Suvarna Patil shared updates regarding the 'Dervan Cohort' and assessed the organization's ongoing activities. Presentation was given on many important topics like pre-diabetic symptoms, blood copper, zinc and vitamins, insulin, uric acid, homocysteine level in diabetic patients in the Konkan district. Dr. Vaibhav Raut, Dr. Ashish Gaikwad, Dr. Aniket Khaladkar, Dr. Ajay Patil, Dr. Lochan Malandkar, Dr. Praveen Bagad, Dr. Vaibhav Methi, Dr. Akshay Bondare gave their presentation.

The 'Centre for Chronic Diseases, Delhi,' affiliated with ICMR, is set to establish a 'Research for Rural Healthcare' initiative across six medical colleges in India, with B. K. L. Walawalkar College being among the selected institutions. This initiative is a significant step towards addressing the disparities in rural India and enhancing the quality of primary care. Dr. Gajajan Velhal, Head of Department of Community Medicine, stated that this ambitious project will be implemented to achieve these goals.

Retired Faculty from the University of Dundee in Scotland, UK, is scheduled to visit the Institute in the month in November 2025 for elective posting planning, which is a significant source of pride for the institution. Dr. Natu indicated that the institute has the capacity to contribute to various fields, including chemistry and biology. A research presentation on the topic of 'Stem Cell' was delivered by Dr. Rita Mulherkar, Dr. Sunil Nadkarni, Dr. Ankita Bendre, and Dr. Sharavani Aje. Additionally, Dr. Gauri Purohit and Dr. Rohit Bhat discussed a project focusing on the advantages of 'Hemp,' which is plentiful in the Konkan region, as well as the therapeutic potential of 'propolis' derived from bees. During the discussion of these diverse topics, Dr. Jyoti Iyer showcased the successful establishment of two bamboo polyhouses utilized by the organization for

cultivating green leafy vegetables. He emphasized the achievements of initiatives related to handicrafts and nutritional products and expressed hope for advancing these efforts further. Scientist Dr. Anil Kakodkar conveyed his satisfaction and commended the extensive activities being undertaken across various subjects. At the conclusion of the meeting, he expressed his desire for the organization's progress in health, education, and self-reliance within rural communities to continue its upward trajectory.

### **Workshops on 'Medico Legal Case Handling' and 'Forensic Practices'**



A workshop focused on 'Medico Legal Case Handling' and 'Forensic Practices' for the Police Officers and Enforcers of the Ratnagiri District Police Force took place at the Bhaktashreshtha Kamalakar pant Walawalkar Rural Medical College and Hospital in Sawarde on September 22, 2024, from 9 a.m. to 4 p.m. The event was graced by the presence of the Honorable Superintendent of Police for Ratnagiri District, Shri Dhananjay Kulkarni; Sub Divisional Police Officer of the Chiplun Division, Shri Rajendra Kumar Rajmane; and Shri Jayant Gaikwad, Assistant Police Inspector at the Sawarde Police Station. The medical team included Medical Director Dr. Suvarna Patil, Dr. Netaji Patil, Dr. Mansingh Ghatage, Head of the Forensic Department, Dr. Avinash Waghmode, and Associate Professor Dr. Laxman Phad, alongside 150 police officers and enforcers from the Ratnagiri district. In his address to the attendees, Shri Dhananjay Kulkarni emphasized that this workshop represents an innovative initiative and commended the trust's contributions to social and health-related efforts.

**Training of Clinical Psychologist experts of Walawalkar Hospital in Colombo Drug Advisory program**



There has been a significant rise in drug addiction globally, raising serious concerns, particularly as the highest rates of addiction are observed among children and young adults. This alarming trend has consequently led to an increase in mental health issues and criminal activities within this demographic. It is imperative to foster on-going awareness regarding this affliction within society to protect the younger generation from the dangers of addiction. Additionally, addressing this issue requires the implementation of effective treatment strategies. Recognizing the gravity of the situation, various international initiatives have been undertaken over the past several years, one of which is the Colombo Plan Drug Advisory Programme (CPDAP) based in Colombo, Sri Lanka. Established in 1973, this international organization focuses on researching addiction and developing innovative treatment approaches, as well as preventive measures. It also provides training for professionals working in this field across different countries.

This document outlines the newly established treatment approach known as the 'Child Curriculum.' This training initiative was conducted under the auspices of the 'Colombo Plan Drug Advisory Program (CPDAP)' in collaboration with the 'U.S. Department of State Bureau of International Narcotics and Law Enforcement.' The workshop took place in Colombo, Sri Lanka, from September 11 to September 17, 2024. Participants were selected from India, Sri Lanka, and the Maldives. Among those chosen were Ms. Rupali Chavan and Ms. Swati Sonawane, both psychologists from the psychiatry department of B.K.L. Walawalkar Hospital. The training focused on strategies to prevent the increasing incidence of addiction among children and the appropriate treatment methods to address this issue. We are optimistic that the knowledge gained from this training will enhance efforts to treat and raise awareness about addiction in young individuals, and importantly, this treatment will now be accessible at B.K.L. Walawalkar Hospital.



## Radiology Practical Crash Course Workshop for Radiology residents at Dervan Hospital



Walawalkar Medical College has consistently prioritized training. The highly anticipated workshop, titled Radiology Practical Crash Course, commenced on September 20, 2024, at B. K. L. Walawalkar Rural Medical College. This three-day workshop aimed to provide comprehensive knowledge and practical skills in Radiology to the attending students. The curriculum covered various areas, including the respiratory system, bone marrow, gastrointestinal system, nervous system, and urogenital system. A total of 16 radiology students from locations such as Nagar, Loni, Mumbai, Pune, and Sangli participated in this event.

Dr. S. K. Joshi, former Vice-Chancellor and Professor of Radiology at Dharwad University, was joined by Dr. Padma Baghe, Professor in the Department of Radiology at KEM Hospital in Mumbai; Dr. Anand Hatgaonkar, Professor and Head of the Department at Datta Meghe Medical College in Nagpur; Dr. Anuradha Kelkar, Professor of Radiology at D. Y. Patil Medical College in Pune; and Dr. Abhimanyu Kelkar, Professor at Bharti Medical College and Senior Radiologist in Pune. Senior radiologists, including Mahendra Gulati, were also in attendance. Additionally, Dr. Suyash Kulkarni, Head of the Radiology Department at Tata Memorial Hospital in Mumbai, and Dr. Abhijit Raut, Radiologist at Harkisandas Hospital, participated in the event. Dr. Ninad Nafde and Dr. Anand Gajakos from Walawalkar Hospital were present as well. The workshop was organized by Dr. Netaji Patil, and the program commenced with the introduction of the dignitaries. The opening ceremony was further graced by the presence of Dr. Mansingrao Ghatage, Dr. Anand Joshi, and Dr. Sunil Nadkarni.

Students approach examinations with a composed and focused mindset. Comprehensive guidance was provided on effectively addressing and resolving challenges encountered during the assessment. Additionally, topics such as X-ray and MRI applications in cancer, tumors, neurological disorders, and gastrointestinal diseases were discussed. Special attention was directed towards the accurate diagnosis of conditions through the interpretation of imaging scans. Experts emphasized that timely intervention is feasible only with early detection, underscoring the critical role of the radiology department in this process.

Dr. Sunil Nadkarni shared his personal experiences to inspire improved patient care and highlighted the necessity of ongoing education for enhanced treatment outcomes. The camp underscored the significance of workshops in medical training, and students expressed their gratitude to the college for its exemplary organization.

The specialty of this practical crash course is that this kind of course has never been organized anywhere. This was used to increase the confidence of the students. What type of questions can be asked in the exam. Also, guidance was given on how the method is used to diagnose the patient. The current era is Google or the database. The relationship between students and teachers in the earlier Gurukul system has ended, and now the students have taken Google as their guru and it can be very harmful. Just like earlier students used to go to guru's house for education, all the "Ortho" teachers have gathered here in different ways. They taught students how to absorb everything. This kind of teaching is becoming very rare nowadays. In this way, this initiative started by the hospital and the trust will be of great benefit to the students for their exam studies and also for their future life.



(रेसिडेन्ट नेटिजॉलॉजिस्ट) हिच्यारी चर्चा करताना



## सहभागींचे अभिप्राय-



The Poem : Dedicated to the course  
by Dr. Padma V. Badhe

*It was Tata Memorial during a conference, and a chance meeting  
I was invited for Radiology practical crash course after a fleeting briefing  
In came Dr. Netaji's phone call  
Who is an inhouse pillar tall  
The whatsapp invite and mail followed in due course  
He then assigned work to the work force like a diligent coach horse.  
The nitty gritty of the event was planned on a zoom discourse  
To decide upon the mentor, student delegate cases time and  
management course.  
Dates were finalised in due course  
Tickets booked by the work force  
There were  
long cases with a specifically assigned coach horse  
Short cases with a specifically assigned coach horse  
Spotters sessions had a dual coach horse.  
Dawned the day to come September in the campus of the  
BKLWRM College  
A store house of Bondage and foliage  
Participants offloaded their luggage  
To Remove their mental blockage  
Rummage and ruffle their passage with wantage knowledge  
A quick inauguration in the presence of stalwarts and dean followed by  
distribution of cases each day  
be it Respiratory MSK GIT GUT CNS USG Table Viva for mentees to slay  
Followed by mentor and mentees going hoarse  
over the platter of sessions of academic mini, mid and multi course.  
Respiratory system had stalwarts of SK Joshi sir, AKelkar madam,  
MSK system had stalwarts of NNaphade sir and Anand Hatgaonkar sir  
GIT had Padma Badhe madam and Abhijit Raut sir  
CNS had Abhimanyu Kelkar sir and Vasudeo Bhide sir  
GUT had Anand Gajakos sir and Yogendra Sachdeo sir  
USG had Yogendra Sachdeo sir and Mahendra Gulati sir  
Table Viva was by Suyash Kulkarni sir going hoarse on the race course.  
Came skills beyond Radiology by  
Anand Hatgaonkar with rib tickling life exercises  
Interspersed with peels of laughter from all to energise the otherwise  
sagging paradise.  
then came the time to bid bye with a heavy hoarse voice  
Sayonara Sayonara there is no choice  
Till we meet again Rejuvenate and rejoice.*



Dr Abhijeet Raut Radiologist K...  
Dear Dr Anand ,infact very thankful for the nicely organised event ,where everything was planned very carefully and with great affection like a family affair.Thanks for inviting me and being part of the programme! Hopefully students are benefitted from my contribution 🙏🙏🙏

76:17

Dr Anand Gajkosh Prof Radio  
Very much thanks for all the respected faculties 🙏🙏

All of you respected faculties have really worked hard and helped us alot in each and every aspect for conducting this Crash course programme 2024 and making it a success. All the students are very much happy and delighted, conveyed their satisfaction regarding this programme to all of Us.

Indeed it was a team work. Thank you very much for your guidance and special efforts.

Anurekha Kelakar

It was a very educative, healthy and happy atmosphere in which the course was conducted. Thanks to all. Wish to meet you all soon

08

Dr S K Joshi Dean Dharwad

It was a very pleasurable event, lucky to be part of that.

20:03

I could meet many stalwarts in our fraternity.

20:04

I thank Dr.Ninead, Dr. Netaji and Dr. Gajkosh along with all the staff for inviting me giving the pleasure time with U.

20:09

Ninad Nafade

Biggest thanks to all for abiding by our schedule, our concept and cajoling the students rather than having an examiner approach.

Next time around, we will improve over the shortcomings if any.

It was like a pilgrimage for me, meeting all saints in the temple of knowledge.

The support staff was phenomenal. Thanks to them too.

20:14

Dr Anand Hatgaonkar Prof Rad...

All sessions were radioactive 🤩. Teachers as well as students. Active Radiologist. Not to forget 12 hours teaching and learning. Great efforts at both ends. Students all praise for their patience 🙏🙏🙏

08:30

Dr Abhimanyu Kelkar Pune

Agreed it was a great experience...kudos to the management abilities of radiology faculty of Bklw... Special thanks to Netaji and all students. I couldn't manage taking cases this time... Will be better next time. Meeting SK is always a joy.

08:22

## **Cadaveric workshop with Surgery Camp for 'Sinus' by 'Ear-Nose-Throat' & Anatomy**

### **Department**

On September 21 and 22, the Ear-Nose-Throat department of Walawalkar college & Hospital conducted a surgery camp focused on sinus diseases. The initiative was positively received by patients, with 20 individuals undergoing telescope-assisted surgeries. A total of 25 ear-nose-throat specialists traveled from Mumbai and Sangli-Miraj specifically to participate in this event. Notable among the expert physicians were Dr. Milind Navlakhe from K.E.M. Hospital in Mumbai, Dr. Sachin Nilakhe from Sangli, and Dr. Rahul Gosavi from Miraj. During the camp, cadaveric demonstrations followed by 20 complex surgeries for sinus conditions were successfully carried out using telescopic techniques. The camp served as a rich source of knowledge for emerging professionals, as established experts in the field shared their insights and diverse methodologies. Additionally, the event provided patients with a valuable opportunity to receive complimentary surgical treatment from specialists for their sinus conditions. Anesthesiologists Dr. Leena Thakur, Dr. Pradeep Sandeep Rao, Dr. Gaurav Baviskar, and Dr. Manisha successfully facilitated the completion of twenty surgeries during a two-day camp. The ear-nose-throat department of the hospital is achieving remarkable success on a daily basis, proving to be a vital resource for patients. Dr. Pratik Shahane and Dr. Rajiv Keni are receiving widespread recognition for their contributions.



## **Konkan Railway Medical Officer Dr. Nagnath Jilewad's visit to the hospital**



Konkan Railway Medical Officer Dr. Nagnath Jilewad from Ratnagiri conducted a visit to Walawalkar Hospital. During his visit, he gained insight into the various facilities and initiatives available at the hospital and commended the extensive efforts being made to serve the residents of remote rural regions.

## Vrukshavalli Amha Aoyare Vanchare.....



On May 22, 2024, a brief yet powerful cyclone struck the area surrounding the Shiv-Samarth Gad, Sreesanth Sitarambuwa Walawalkar Temple, and Bhaktashreshtha Kamalakarant L. Walawalkar Hospital and Medical College in Srikshetra Dervan, Within moments of the storm's onset, numerous large trees were uprooted, and many substantial branches from towering trees were broken. The once lush valley, which provided ample shade with its robust trees, now appeared stark and exposed. Various species, including mango, chiku, coconut, jambhul, fanas, and mahogany, were affected, leaving the area looking desolate. The forestry in this region had been a source of pride, and efforts to restore its former beauty commenced with the onset of the rains in June, leading to the planting of 355 mahogany trees, 35 shendri, 30 rare sandalwood, 22 gunje vines, and coconut trees.

A total of 510 new trees have been planted, which includes 50 trees, 18 of which are Narkaya. Additionally, to facilitate the planting of 500 healthy trees in the Konkan region, bags filled with manure and soil have been prepared. These young plants are expected to thrive within six months and are scheduled for planting.

Branches that have been damaged by a storm and broken off should be pruned promptly once the rain has ceased and the branch's slipperiness has diminished. This will not only facilitate proper cutting but also enhance the aesthetic appeal of the trees by thinning out the new shoots. The agricultural expert, Dr. Hasbanis, is diligently leading this effort with great enthusiasm.

Proprietor/Printer/Publisher: Shri. Vikasrao Walawalkar printed at Srimudra, 181, Sukar Peth, Pune 2, B.K.L. Walawalkar Rural Medical College and Hospital, Diagnostic and Research Centre, Srikshetra Derwan, Tt. Chiplun, Dist. Ratnagiri – 415 606.

Visit us at <https://swamisamarth.com/dervan/>

Executive Editor: Dr. Mrs. Suvarna Patil Deputy Editor: Mrs. Sharyu Yashwantrao -, Shri. Shrikant Paradkar 95884 79220, 99212 51695.