



Shri Vithalrao Joshi Charities Trust's



B. K. L. Walawalkar Rural Medical College

ASTRA

— R E P O R T —



Dates: 25th–28th April 2026



Venue: SVJCT's Sports Complex, Dervan

Organized by

MBBS Batch 2023

Organizing Secretary : Tejraj Galande & Siddiq Attar

B. K. L. Walawalkar Rural Medical College

Sports Games:

Football | Badminton | Table Tennis | Kho-Kho | Volleyball



Kasarwadi, Sawarde, Tal.-Chiplun, Dist. - Ratnagiri – 415606,

Maharashtra, India



svjct_community



Acknowledgement

The successful completion of the three-day event ASTRA would not have been possible without the valuable support and guidance of several individuals and management.

We express our sincere gratitude to Dr. Netaji Patil Sir [Medical College Coordinator] & Dr. Suvarna Patil Ma'am [Medical Director], for granting permission and providing continuous encouragement for organizing this event.

We extend our heartfelt thanks to Dr. Mansingrao Ghatage [Dean BKLWRMC], Dr. Arvind Yadav Sir [IQAC Coordinator] & our faculty coordinators, Dr. Prashant Moolya Sir and Dr. Yogendra Shelke Sir, for their constant guidance, supervision, and support throughout the planning and execution of the event.

Special appreciation goes to all the organizing committee members and volunteers, whose dedication, teamwork, and tireless efforts ensured the smooth conduct of all activities over the three days.

Lastly, we thank all the participants for their enthusiastic involvement, which added great value and energy to the event.

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Introduction

The three-day intercollegiate event ASTRA was organized. The event was conceptualized as a platform to bring together students from various medical and allied health science colleges to participate in a range of various sports activities.

The primary aim of organizing this event was to encourage holistic development among students by promoting not only sportsmanship but also teamwork, leadership, and interpersonal skills. In addition to fostering healthy competition, the event provided an opportunity for participants to showcase their talents and engage in meaningful interactions with peers from different institutions.

The event witnessed enthusiastic participation from multiple colleges, making it a vibrant and dynamic experience for both participants and organizers.

Objectives

- The primary objectives of organizing Astra were as follows:
- To promote physical fitness and well-being among students by encouraging active participation in various sports activities.
- To foster team spirit and collaboration, enabling participants to develop coordination, mutual understanding, and leadership qualities through team-based games.
- To encourage healthy competition by providing a fair and structured platform for students to showcase their athletic abilities while maintaining sportsmanship.
- To provide a recreational outlet for students, helping them relieve academic stress and maintain a balanced lifestyle alongside their medical education.
- To identify and nurture sports talent among students and motivate them to pursue excellence in extracurricular activities.
- To enhance organizational and management skills among the student committee members involved in planning and executing the event.
- To strengthen intercollegiate interaction and bonding by bringing together participants from different institutions through sports.



Pre Event Planning

The successful execution of the ASTRA was the result of extensive planning and coordinated efforts undertaken by the organizing team over several weeks. This being the first event of its kind in the institution, the initiative required careful conceptualization, structured planning, and continuous follow-up at every stage.

The process began with the proposal of the event idea, wherein the organizing team developed a comprehensive plan outlining the objectives, structure, and feasibility of conducting a three-day intercollegiate sports event. This proposal was formally presented to the college authorities for approval.

An organizing committee was subsequently formed, with members assigned specific roles across various domains including event management, finance, logistics, publicity, and hospitality. Clear distribution of responsibilities ensured accountability and efficient coordination among team members.

Regular planning meetings were conducted to review progress, address challenges, and finalize key decisions. These meetings played a vital role in maintaining effective communication and ensuring that all aspects of the event were aligned with the planned objectives.

Extensive promotional strategies were implemented to maximize participation. Digital posters were designed and circulated, social media platforms were utilized effectively, and multiple colleges were contacted to encourage registrations. Despite initial challenges such as low registrations, consistent efforts and follow-ups resulted in a significant increase in participation.



Event Structure

Inauguration

The first day commenced with an inauguration ceremony held at Sports Complex . The event was formally inaugurated by Dr. Arvind Yadav Sir, Dr. Laxman Phad Sir, Dr.Yogendra Shelke Sir, Dr. Rahul Chopade Sir in the presence of the faculty members, and participants from various colleges.

The ceremony began with a welcome address, followed by the lighting of the lamp and an introductory speech highlighting the objectives and significance of the event.

Day 1 & Day 2

Preliminary rounds of various sports were conducted as per the scheduled fixtures. Events such as Football, Badminton, Table tennis, Kho-Kho & Volleyball. Witnessed active participation from multiple teams.

The matches were conducted smoothly under the supervision of referees and organising committee members. The day completed with the successful completion of subsequent rounds and short listings of teams for subsequent stages.

Day 3

The third day focused on advancement rounds including semi finals and finals. Participants displayed a high level of competitiveness and sportsmanship throughout the day. Key highlights of the day included closely contested matches, strong team performances and enthusiastic support from the audience.

From the conclusion of the events prizes, medals certificates and trophies were distributed accordingly.

Events Conducted

Event Name	Category	No. of Participants	Winner
Football	Boys	8 Teams	BKLWRMC
Volleyball	Boys	6 Teams	BKLWRMC
Volleyball	Girls	4 Teams	Nursing Kasal
Kho Kho	Boys	4 Teams	Nursing Kasal
Kho Kho	Girls	4 Teams	Nursing Kasal
Table Tennis	Singles	16 Participants	GMC Ratnagiri
Table Tennis	Doubles	5 Teams	BKLWRMC
Badminton	Boys Singles	14 Participants	BKLWRMC
Badminton	Girls Singles	9 Participants	BKLWRMC
Badminton	Boys Doubles	8 Teams	BKLWRMC
Badminton	Mixed Doubles	8 Teams	BKLWRMC

Participation Details

Colleges Participated

1. GMC Mumbai
2. GMC Ratnagiri
3. GMC Sindhudurg
4. GMC Miraj
5. Dr. Ulhas Patil Medical College
6. BKL Walawalkar Rural Medical College
7. Yogita Dental College
8. Rangoonwala Dental College, Pune
9. Holy Family Nursing College, Mumbai
10. SSA Ayurvedic College
11. MES Nursing College
12. Nursing College, Kasal

Total Participants: 206





Outcomes and Impacts

ASTRA had a significant positive impact on both the participants and the organizing team. It successfully fulfilled its intended objectives and contributed to the overall development of students in multiple aspects.

One of the key outcomes of the event was the promotion of physical fitness and active participation among students. The event encouraged individuals to engage in sports activities, highlighting the importance of maintaining a healthy lifestyle alongside academic commitments.

The event also played an important role in enhancing teamwork and leadership skills. Participants involved in team sports developed coordination, communication, and strategic thinking, while team leaders gained valuable experience in decision-making and responsibility handling.

The event provided valuable exposure to participants by allowing them to compete with students from different institutions. This not only improved their confidence but also broadened their perspective regarding sportsmanship and performance standards.

Feedback received from participants and faculty members was largely positive, with many appreciating the organization, fairness in conduct, and overall experience. The event was recognized for its smooth execution despite being conducted on a large scale.

Overall, the event created a lasting impact by promoting a culture of sports, collaboration, and active student involvement within the institution.



Feedback and Summary

- “The event was very well organized, especially considering it was the first of its kind in the institution. The scheduling and coordination of matches were handled efficiently, and the overall experience was highly enjoyable.”
—Saanika G (Yogita Dental College)
- “I appreciate the efforts of the organizing team in maintaining fairness and discipline throughout the tournament. The refereeing and match management were conducted professionally.”
—Kshitij K (GMC Sindhurg)
- “The event provided a great platform to interact with students from other colleges. It was a competitive yet friendly environment that made the experience memorable.”
—Alden (GMC Mumbai)
- “The facilities and arrangements were well managed. From ground preparation to equipment availability, everything was handled smoothly without major delays.”
—Sachi Dalvi (GMC Ratnagiri)
- “The event was not only competitive but also refreshing, providing a much-needed break from academic stress. It encouraged active participation and sportsmanship among students.”
—Saif S (Rangoonwala Dental College, Pune)
- “It was a great event and the competition was immense, the judgements were fair and non biased which prevented any mishaps. It was worth coming and competing so far.”
—Prithvi (DUPMC, Jalgaon)



Photographs



